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**MRS. RAMYA  
RAMACHANDREN'S**  
LONG-TERM APPROACH  
TO MEDICAL EDUCATION,  
TERTIARY CARE,  
AND SOCIAL  
EQUITY





**Ramya  
Ramachandren**

Vice Chairperson  
Saraswathi Group of  
Institutions (SGI),  
Hapur, India.

# Architecting India's Healthcare Foundations

in the  
Modern  
World

*Mrs. Ramya Ramachandren's long-term approach to  
medical education, tertiary care, and social equity*

Shweta Singh | The CEO Magazine

**I**n a country where the demand for high-quality healthcare and skilled medical professionals continues to rise sharply, the institutions that endure are rarely built on ambition alone. They are shaped by governance, patience, and a long-term commitment to public service. Medical colleges and teaching hospitals today carry a dual responsibility: educating the next generation of doctors while serving communities that rely on them for accessible, affordable care. The leaders who build such institutions must constantly balance scale with ethics, expansion with accountability, and growth with social responsibility.





It is this balance that defines the leadership of Mrs. Ramya Ramachandren, Vice Chairperson, Saraswathi Group of Institutions (SGI), Hapur, India. A distinguished education leader, institution builder, and philanthropist, she has played a pivotal role in shaping SGI into one of India's most comprehensive, community-oriented education and healthcare ecosystems. Spanning medical education, tertiary healthcare, nursing, pharmacy, allied health sciences, maritime education, and sustained social welfare initiatives, her work reflects a clear conviction that institutions must ultimately serve society and that access, quality, and governance are foundational to nation-building.

### At the Helm of Institutional Transformation

The vision of Saraswathi Group of Institutions originates from its Founder and Chairman, Dr. J. Ramachandran, whose foresight and dedication to public service shaped the institution's core values of trust, quality, and inclusivity. Carrying his mission ahead, Mrs. Ramya Ramachandren builds upon this strong foundation, ensuring that his legacy evolves with the changing needs of modern healthcare and education.

Mrs. Ramya Ramachandren's professional work is centred on education, healthcare, and charitable institutions. Over time, she has been associated with the establishment and management of organisations that operate across Uttar Pradesh and Tamil Nadu, covering academic delivery, healthcare services, and social welfare activities.

Mrs. Ramya Ramachandren serves as Vice Chairperson, Saraswathi Group of Institutions, Uttar Pradesh. In addition, she is a Trustee of the Saraswathi Ammal Educational & Charitable Trust, Chennai, and the Academy of Maritime Education and Charitable Trust (AMET), Chennai. She also holds the role of Managing Trustee of the Shri Ayyanar Educational & Charitable Trust, Ghaziabad.

Through these positions, she is associated with institutions covering medical education, tertiary healthcare delivery, nursing, pharmacy, allied health sciences, maritime education, and organised social welfare initiatives. Together, these institutions represent a broad institutional footprint contributing to education delivery, healthcare services, and community-oriented programmes in multiple regions. Within the Saraswathi Group of Institutions, her responsibilities are connected to institutional planning and the expansion of academic and healthcare

infrastructure. SGI's portfolio includes medical colleges, teaching hospitals, nursing and pharmacy colleges, paramedical institutions, and allied education facilities, forming a multidisciplinary framework supporting healthcare education and service delivery.

Alongside her institutional roles, she is engaged in charitable activities through the trusts with which she is associated. These initiatives include ongoing nutrition programmes, educational support for students, healthcare outreach efforts, and welfare assistance for economically disadvantaged communities. The charitable work is implemented across different regions and is structured around sustained delivery rather than one-time interventions.

### Saraswathi Institute of Medical Sciences (SIMS)

The Saraswathi Institute of Medical Sciences (SIMS) is the first and flagship institution established under the Saraswathi Group of Institutions and represents a central pillar of its presence in medical education and healthcare delivery. Established in 2008 with approval from the Medical Council of India to commence the MBBS programme, SIMS began with an intake of 100 students, with the programme receiving formal recognition in 2008.

As Vice Chairperson of the Saraswathi Group of Institutions, Mrs. Ramya Ramachandren has been closely associated with the growth and development of SIMS. During this period, the institute has expanded its academic capacity in accordance with regulatory approvals. From the academic year 2016–17, SIMS received permission for an additional 50 MBBS seats, followed by approval for a further 100 seats in 2023, bringing the total approved MBBS intake to 250 students per academic year.

Under her leadership, SIMS has developed into a large-scale teaching institution integrating medical education with tertiary healthcare delivery. The institute is affiliated with Atal Bihari Vajpayee Medical University, Lucknow, and was previously affiliated with Chaudhary Charan Singh University, Meerut. Academic programmes are offered across more than 20 departments, covering pre-clinical, para-clinical, and clinical disciplines, supported by a Central Research Laboratory, a PCR laboratory, a Medical Education Unit, and well-resourced central and departmental libraries.

Postgraduate medical education has also expanded during her tenure. SIMS received approval to commence postgraduate courses from the academic



year 2013–14 and has added new postgraduate branches over time. At present, the institute has 104 sanctioned postgraduate seats across multiple departments, supporting advanced clinical training and research activities.

A key component of SIMS's development has been the expansion of its teaching hospital. The institute is attached to a hospital with 1,250 beds, providing outpatient and inpatient services across all major clinical specialities. The hospital offers round-the-clock accident and trauma care and is equipped with 11 major and six minor operation theatres, a labour room, and a nursery ward for premature infants. Seven specialised intensive care units serve medical, cardiac, surgical, burn, respiratory, paediatric, and neonatal patients, supported by trained medical and paramedical staff.

During this phase of institutional growth, SIMS has strengthened its diagnostic and therapeutic capabilities. Facilities include MRI (1.5 Tesla), mammography, DSA, spiral CT, ultrasonography, colour Doppler, TMT, echocardiography, endoscopy, angiography, EEG, pulmonary function testing, sleep studies, NCV, EMG, VEP, BERA, dialysis services, and blood bank facilities. The hospital also serves as a clinical training platform for undergraduate and postgraduate medical students. SIMS regularly participates in national health programmes, including

the National Blindness Control Programme, Blood Safety Programme, AIDS Control Programme, National Mental Health Programme, and the DOTS programme. In addition, the institution organises health camps and blood donation drives, contributing to community health initiatives in the surrounding regions. From a regulatory perspective, SIMS operates under approvals granted by the Ministry of Health and Family Welfare, Government of India, and the National Medical Commission, with affiliations and sanctioned capacities reflecting compliance with national standards governing medical education and healthcare delivery.

### Creating a Multidisciplinary Health Sciences Ecosystem

Beyond medical education, the expansion of the Saraswathi Group of Institutions into allied health sciences reflects a broader institutional approach to healthcare education. Over time, SGI has extended its academic footprint beyond medicine into nursing, pharmacy, and paramedical education, creating a multidisciplinary health sciences ecosystem. The Saraswathi Institute of Paramedicals (SIOP) focuses on training allied health professionals required for modern healthcare delivery. The institute offers programmes in Operation Theatre Technology, CT Scan Technology, Optometry, Sanitation, and other allied health disciplines that support clinical





operations, diagnostics, and patient care services. Nursing education forms another key component of this expanded academic structure. The Saraswathi College of Nursing (SCON) offers programmes including B.Sc. Nursing, Post-Basic B.Sc. Nursing, Auxiliary Nurse Midwife (ANM), and General Nursing and Midwifery (GNM). Through these programmes, the college contributes to the training of nursing professionals equipped for roles across hospitals, community healthcare settings, and clinical support services.

Pharmaceutical education within SGI is delivered through the Saraswathi College of Pharmacy (SCOP). The institution offers D.Pharm, B.Pharm, and M.Pharm programmes, preparing graduates for careers in pharmaceutical sciences, clinical pharmacy, research, and regulatory roles within the healthcare sector.

Together, these institutions form a structured continuum of health sciences education within the Saraswathi Group of Institutions. By covering medicine, nursing, pharmacy, and allied health disciplines, SGI supports the development of a diversified healthcare workforce, aligning academic training with the operational needs of hospitals and healthcare systems.

### Quality Benchmarks: The Foundation of Trust

Across the institutions under the Saraswathi Group of Institutions, governance and quality assurance form a central operational framework. These institutions function in alignment with national and internationally recognised standards governing medical education, healthcare delivery, and institutional management.

Institutions within SGI have secured NABH accreditation, reflecting adherence to established benchmarks in patient safety, clinical protocols, and hospital governance. NABL accreditation has been achieved for laboratory services, certifying accuracy, reliability, and scientific rigour in diagnostic processes. In addition, ISO certification underscores the presence of structured quality management systems across academic, administrative, and operational functions and Environment management system for an eco-friendly campus. These accreditations represent compliance with regulatory and quality benchmarks across healthcare and education verticals, reinforcing standardised practices, accountability, and institutional consistency. Together, they form an important foundation for the delivery of medical education and healthcare services within SGI.

### National Recognition and Industry Distinction

Mrs. Ramya Ramachandren's work across education, healthcare, and philanthropy has received recognition at the national level. Her honours include the Best Medical Excellence & Philanthropist Award 2025 at the HT Bharat Nirmaan Conclave, as well as the Best Educationalist & Philanthropy Award 2025, conferred by Dainik Jagran. She was also named Notable Personality of the Year 2024 by Business Talkz Magazine.

Institutional recognition has accompanied individual honours. Under her leadership, the Saraswathi Institute of Medical Sciences was recognised as the Best Affordable Medical Institution of the Year 2024 at the Six Sigma Excellence Awards. SIMS was also ranked as the Third-Best Medical College in Uttar Pradesh in 2018 by Dialogue India. These recognitions reflect acknowledgement of both individual leadership and institutional performance across medical education and healthcare delivery.



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**Ramya  
Ramachandren**

Vice Chairperson  
Saraswathi Group of  
Institutions (SGI),  
Hapur, India.





**Philanthropy: Sustained Interventions for Community Welfare**

As the Managing Trustee of the Shri Ayyanar Educational & Charitable Trust, Mrs. Ramya Ramachandren is associated with sustained social welfare initiatives. The trust’s activities focus on nutrition, education, healthcare access, and support for economically disadvantaged communities.

A key initiative under this trust is a continuous community nutrition programme that provides nutritious meals to 400+ individuals every day in different states of India. This programme has been sustained consistently for over two years across Uttar Pradesh and Tamil Nadu, supporting daily wage earners, senior citizens, economically vulnerable families, and marginalised groups.

Beyond nutrition, her philanthropic work includes scholarships for meritorious and economically disadvantaged students, healthcare outreach camps in rural and peri-urban areas, women’s empowerment and livelihood initiatives, literacy programmes, and other targeted social welfare interventions. These initiatives are implemented through structured delivery mechanisms rather than one-time engagements.

**The Future of Inclusive Institutional Growth**

Through her leadership roles across medical education, nursing, pharmacy, paramedical sciences, maritime education, and charitable trusts, Mrs. Ramya Ramachandren remains closely associated with the growth and evolution of the Saraswathi Group of Institutions as a multi-sector institutional platform. The institutions under SGI contribute to education delivery, healthcare services, workforce development, and community welfare across regions. Together, these efforts align with national priorities related to accessibility, skill development, and inclusive growth in healthcare and education.

By combining regulated academic expansion, healthcare infrastructure development, and sustained social welfare initiatives, Mrs. Ramya Ramachandren’s work reflects a long-term institutional presence serving students, patients, and communities. This integrated approach continues to shape SGI’s role within India’s broader education and healthcare landscape.