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Arihant Superstructures Limited: Pioneering Horizontal Luxury In The MMR

ASHOK CHHAJER
Chairman and Managing Director,
Arihant Superstructures Ltd



For over two decades, NSE and BSE-listed Arihant Superstructures Limited has been a dominant real estate force across Navi Mumbai, the wider MMR, and Jodhpur. With a concentrated footprint of 14 projects within a 40-square-kilometer radius in Navi Mumbai, the company has delivered over 15,000 homes. While historically recognized for its strong affordable and mid-income housing portfolios, Chairman Ashok Chhajer has consistently driven the company to innovate across all market segments and bespoke product lines.

The company is now redefining regional real estate by introducing the global standard of horizontal living to Mumbai 3.0. Inspired by international trends in cities like San Francisco, Oslo, Tokyo, and Dubai—where professionals commute from spacious countryside estates—Arihant is capitalizing on transformative infrastructure like the Atal Setu. With travel times from South Mumbai to Chowk reduced to just 60 minutes, daily commuting from a suburban villa is now a practical reality.

Leading this premium shift is the development of World Villas in Chowk, a 92-acre mixed-use ecosystem featuring 375 curated luxury residences. This vision will rapidly expand with Town Villas, a 110-acre development encompassing 1,400 units, and the 2027–2028 launch of Global Villas, which will introduce 600 elite-class homes across an additional 100 acres.

"With a footprint of three mega horizontal and mixed-use projects, we are delivering nearly 2,500 fully constructed luxury villas rather than traditional plotted developments. This marks a new horizon in real estate, offering an exclusive ecosystem curated for an elite demographic. The core vision goes beyond luxury, strategically addressing travel time and distance to provide a seamless lifestyle solution for metro residents."

World Villas is on the lines of the most prominent amenity of today's world where the metros are getting congested with the pollution and the city temperature rising from 32 degree as highest in the city of Mumbai around two decades ago to almost 42 degrees and would stretch up to 50 degree after the total redevelopment construction going on and the construction going on in the city of Mumbai and this would say that people's first preferred amenity would be the air quality index which at World Villas Mumbai 3.0 is almost almost 400 times more purer to the city of Mumbai and the urbanized area. World Villas is designed on the style of longevity and wellness. It today is branded as the first residential villa community on wellness and longevity as an first home as well as as in second one a mix of it and with all these amenities in and around it happens to be the first villa mixes project within five star hotel of ITC brand bringing in momentos as their top luxury brand of 227 rooms with 44 suit rooms on an spread across on 10 acres. The Club 10 Gymkhana happens to be the largest Gymkhana of the city of the Mumbai almost five times bigger than the largest of the existing clubs in the city of Mumbai and the members which already have enrolled their memberships are the celebrities like Motilal ji Oswal owner of Motilal Oswal and Financial Services. Subhashji Agrawal the promoter of AU Bank Limited. The Shrikant Zhaveri the owner of Tribhuvandas Bhimji Zaveri and such lines already 800 members are enrolled which would extend up to 10,000 memberships and Club 10 Gymkhana would be an elite class of servicing where where the super rich could gather on these lines of sports, clubbing and leisure with 75 major attractions of very large size. The company is going to float up an unique first of its own kind in the whole country. The Zen Alpha membership in the month of November which would be a membership to individuals whose age ranges from the year of 2010 to 2026 and they would have preferred zones and preferred privileges far above than imagination. The World Villa has been conceived with the thought that Steve Jobs taught the world: many a time, customers do not know what product they desire, and it is the creator's job to bring that product to life and deliver it to them.

The shift toward luxury villa living is accelerating in the MMR region, heavily driven by Arihant Superstructures Limited and Ashok Chhajer's flagship project, Arihant World Villas.

The Chowk Advantage: Chowk is rapidly outpacing traditional second-home markets like Lonavala and Alibaug because it bridges natural serenity with primary-home infrastructure. With immediate access to the Mumbai-Pune Expressway, the upcoming Chowk railway station, and proximity to the new Navi Mumbai International Airport, the location offers seamless urban connectivity.

Project Scale: Spread across an 88-acre land parcel, this ultra-luxury township features low-density G+1 villas with massive 4, and 6 BHK layouts. The development focuses on resort-style exclusivity, integrating a private forest, a riverside promenade, and an elite Gymkhana club.

Timeline and Elite Adoption: The community is actively drawing high-net-worth individuals, C-suite executives, and former regulators looking for premium legacy real estate assets.



25 Years of Trust, Now Building India's Engineering Hubs



He turned a small Noida team into a 40,000-strong global delivery engine. Now the iEnergizer co-founder is building the engineering hubs where global corporations will write their future.

ADARSH KUMAR
Co-Founder & Chief Operating Officer, iEnergizer

Every boardroom now wants a Global Capability Centre. India hosts more than 2,100 of them, employing about 2.4 million people and earning close to $100 billion, according to Nasscom–Zinnov. These centres no longer run the back office. They write core software, build AI products and own roadmaps headquarters once guarded closely.

Adarsh Kumar, Co-founder and COO of iEnergizer, has decided to build them. The company is now setting up medium- to large-scale engineering hubs for corporations across the globe.

The hard part is the operating part

Wanting an India centre is easy. Standing one up is not: hundreds of engineers hired in months, attrition held down in the world's most contested talent market, and compliance, security and governance right from day one.

"A GCC is not a real-estate decision. It is an operating decision," Kumar says. "The building is the easy part. The hard part is the thousand things that must run perfectly every day, so the client's engineers can focus only on engineering."

That is ground he has held for 25 years. iEnergizer employs over 40,000 people across nine global locations and serves more than 100 enterprise clients. Hiring at industrial scale, process discipline and audit-ready compliance are exactly what a new GCC needs.

"Our clients don't need another vendor. They need a builder who has already done the hard part, at scale, for twenty-five years."

Built on trust

The client owns the technology roadmap. iEnergizer runs everything around it, from talent and workplace to payroll and security, with the client free to take over more as the centre matures.

The first hubs came not from cold pitches but from clients of more than a decade, one of over twenty years. "When a client has trusted you with its customers for twenty years," Kumar says, "trusting you with its engineering is a much shorter conversation."

Engineered for the AI decade

AI is rewriting how software gets built, and companies need engineering capacity they control, fast. "India answers the talent question," he says. "We answer the execution question." Beyond the established tech cities, he is backing emerging centres such as Dehradun, where teams stay longer and grow with the client.

Power is usually measured by what a leader controls. Kumar's is better measured by what others build on his platforms: careers, decades-long partnerships and, now, the engineering hubs global corporations will run from India for years to come.

"The companies that will matter in five years are the ones building right now," he says. For Adarsh Kumar, the building has already begun.

Magnum's Next Chapter: Leading The Future Of Indian Manufacturing



The world had been his oyster; yet Odisha remained his calling. Prem Satpathy's Vision for Industrial Transformation.

PREM SANKER SATPATHY
Group Managing Director, Magnum Group of Companies

Life often comes full circle, returning us to our earliest convictions.

As a schoolboy in a Mock Parliament debate, Prem Sanker Satpathy argued against India's brain drain, believing the nation's brightest minds belonged in the service of its progress.

Years later, his journey took him across the world in pursuit of knowledge and experience. Yet his childhood conviction remained steadfast. He returned to India with a global perspective, leadership acumen and renewed purpose.

A Legacy, Reimagined

Founded in 1984 by Ramesh Mahapatra and Dr Geeta Rani Padhi, Magnum Group began as a modest industrial venture. Over four decades, it has expanded across agri-tech, food processing, water engineering, advanced precision plastic technology, polymers, fibres, apparel, infrastructure, logistics, real estate development, and consulting & advisory services.

As Group Managing Director, Prem Satpathy aims to build on Magnum's 42-year legacy, making it the most trusted manufacturing partner for OEMs and a next-generation factory for the world.

Through engineering leadership in India and Asia, Magnum builds and operates resilient factories delivering precision to customer specifications.

His vision draws on experience at Ericsson, Dell Technologies and General Electric (GE). An alumnus of IIM Bangalore and INSEAD, he has worked in strategy, finance, mergers and acquisitions, research and development, enterprise security and global sourcing. His work in audit and corporate fraud investigations has sharpened his eye for risk and reinforced his focus on governance and institutional resilience.

Where Innovation Meets Purpose

Satpathy's engagement with industry–academia initiatives involving Stanford University laboratories and KTH Royal Institute of Technology reflects his belief that ideas must create measurable impact.

His return to India during COVID-19 marked a shift from global corporate leadership and technology entrepreneurship to industrial entrepreneurship and institution building. Before leading Magnum, he served on boards across manufacturing, pharma technology, seafood processing and infrastructure.

Today, with over 2,000 employees and an approximate net worth of ₹700 crores, Magnum has built a foundation for its next chapter.

"We inherited a legacy, not a ceiling. Our manufacturing roots give us strength. Our generation must challenge established practices, embed Zero Trust governance and use technology to build a global enterprise. Our work starts on the factory floor, where continuous improvement and sustainable practices build lasting strength."

A Future Without Boundaries

For Satpathy, legacy is a foundation for greater possibilities, not merely something to preserve. As Magnum looks towards a technology-led, globally competitive future, his vision carries a larger promise — that Odisha can help shape India's industrial destiny.

Perhaps the answer to the question he raised as a schoolboy lies here: a future where India's brightest minds do not merely seek opportunities across the world, but create them at home!

Cubastion At 20: Building Enterprise Technology That Lasts



For two decades, enterprises from India to the Europe, North America, Asia and Middle East have trusted Cubastion to build and sustain the technology they run on, changing boldly without breaking what keeps them running. Now it is bringing that same certainty to the AI era

MR. RAVI KUMAR
Co-founder & Chief Executive Officer, Cubastion Consulting

Building enterprise technology is hard. Keeping it running as businesses evolve is harder still. Cubastion's work addresses both challenges, ensuring critical systems can change while the customers, dealers and citizens depending on them keep moving.

A promise, kept honest

Cubastion's guiding principle, Delivery Certainty, combines commitments grounded in capability with business priorities and continuity through change.

From one specialism to a full partnership

Founded in 2006 as an Oracle Siebel CRM specialist, Gurugram-headquartered Cubastion combines consulting, implementation, managed services, data engineering, generative AI and agentic AI. It serves telecommunications, automotive, consumer durables, connected devices, financial services and government across Europe, north america, Asia and Middle East

Built by Cubastion, relied on every day

For one of the world's largest telecom operators, serving over 650 million subscribers globally, Cubastion transformed CRM across mobility, DTH, fixed-line and enterprise businesses without disrupting operations. It unified customer information across 59 systems into a single enterprise hierarchy, enabling a 360-degree customer view. Its transformation work for a major Australian operator reinforces this expertise.

For India's central government recruiter, handling over 25 million candidate registrations annually, Cubastion built infrastructure managing the end-to-end candidate lifecycle and secure examination content governance. Its zero-trust Content Governance Platform enables secure question authoring, encrypted storage and just-in-time paper generation, strengthening examination integrity, transparency and public trust nationally.

For India's leading air-conditioning brand, Cubastion drove enterprise-wide transformation from digitisation to an integrated, omnichannel service operating model, unifying customer experience, service operations and enterprise intelligence to enhance efficiency, customer satisfaction and readiness for connected products and AI-led services.

For a Japanese truck and bus manufacturer, Cubastion modernised an ageing dealer platform with 100% uptime, supported the separation of its bus business, and sustained its online shop and knowledge platform.

The next chapter: intelligence on solid ground

Cubastion is extending this foundation into intelligent customer experiences, decisions and workflows. AI-assisted examination question authoring and auditing, with human verification, demonstrates its approach: intelligence grounded in dependable data, integration and oversight.

The test that never changes

Technology will keep changing. Platforms will rise and retire, and today's breakthroughs will become tomorrow's legacy systems. But the test of any transformation stays the same: did it deliver what it promised?

Twenty years ago, Cubastion set out to build enterprise technology that works. It has spent every year since making sure it keeps working, through new platforms, new markets and now a new era of intelligence. The launch makes the news. The years after it are where trust is earned.



Infinity Park: Limitless Spaces For Limitless Alpha

Reimagining the workplace as a destination for enterprise, ambition and growth, Kamal Agarwal's vision for Infinity Park seeks to shape Bhubaneswar's next chapter of progress.

KAMAL AGARWAL
Co-founder, Anuj Autogrph Business Park

A workplace can shape how enterprises grow, how people connect and how a city retains its talent. At Infinity Park, these possibilities guide the planning of an emerging corporate destination in Bhubaneswar, where every design decision is an opportunity to create lasting value.

For Kamal Agarwal, Managing Director and CEO of PGL Group Enterprises and Co-founder of Anuj Autogrph Business Park, "limitless" is more than scale. It means anticipating what people and enterprises will need next—and creating the capacity to respond.

Planned as a one-million-square-foot Grade-A corporate destination in Bhubaneswar's Info City corridor, Infinity Park will bring together IT/ITES workspaces, retail and recreation. Its ambition is to help businesses expand, bring opportunities closer to home and give Odisha's talent more reasons to stay and shape the future.

The vision draws strength from mentor Sri Subhash Bhura, a doyen of Odisha's real estate industry. Anuj Global Homes brings local development insights & depth, while PGL Ventures draws on its group's Multi-decade legacy across mfg, retail and real estate. Rashmi Group and Dobariya Group of Ahmedabad, alongside Sangini Group of Surat, contribute the development expertise behind business destinations such as The Identity at GIFT City, strengthening Infinity Park's journey from ambitious concept to execution.

The working day begins with arrival, and movement received particular scrutiny. Repeated refinements to the Vertical Transportation Analysis achieved a modelled result of 23 seconds. With 22 lifts, separate retail and office access, coordinated vehicle circulation and a double-height lobby, the planning aims to make arrival seamless, even during peak hours.

Flexible layouts and adjoining office units that can be combined give enterprises room to expand. Clear office heights approaching 12 feet enhance spaciousness, while generous parking and provision for future capacity anticipate changing needs. Natural light, ventilation, performance glazing and planned heat management support everyday comfort. Agarwal's ambition looks beyond 100 years, making adaptability central to the building's continued relevance.

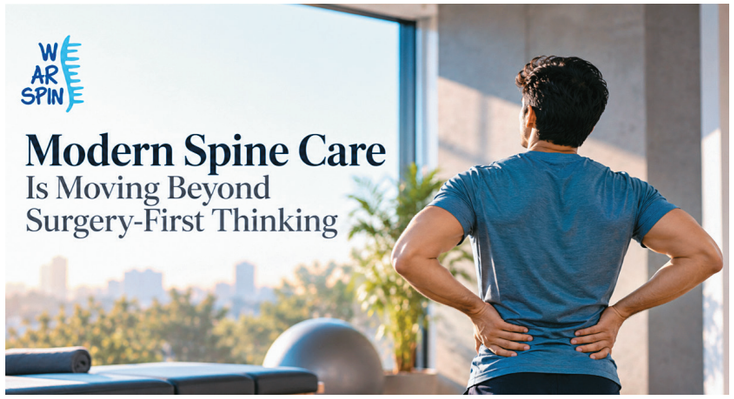
Work here extends beyond the desk. Training rooms, co-working facilities, conference spaces and a business centre encourage collaboration. Gym, games, cafeterias, a glass-box restaurant and landscaped podiums create a dedicated amenities floor, doubling as an ultra-premium corporate reception floor.

The 35,000-square-foot rooftop is envisaged for concerts and gatherings, with planned lift access and parking freed after office hours supporting the ambition to welcome thousands. Inspired by illuminated landmarks in Dubai, Baku, Seoul and San Francisco, programmable pixel and edge lighting could give Bhubaneswar a distinctive skyline signature.

"We are building for a future we may never live to see. The limitless possibilities that future generations create within our limitless spaces will be the true measure of our foresight," says Agarwal.

By bringing workspaces, business opportunities and shared experiences together, his vision connects the growth of enterprises with the progress of Odisha. Infinity Park gives that conviction a physical form: infrastructure designed to remain useful as ambitions expand and generations change.

Why Modern Spine Care Is Moving Beyond Surgery-First Thinking



Clinical judgement, personalised treatment and a balanced approach to surgery are reshaping spine care.

Modern spine care is evolving beyond surgical intervention alone. Advances in diagnostics, rehabilitation and surgical technology have expanded treatment possibilities. However, the most significant shift lies in how treatment decisions are made. The focus is increasingly on identifying the most appropriate intervention for each patient, rather than viewing surgery as the default solution.

1. Beyond MRI

Magnetic Resonance Imaging (MRI) plays a vital role in diagnosing spinal conditions, but it reveals anatomy rather than function. Degenerative changes and disc abnormalities may appear on scans without necessarily explaining symptoms or requiring intervention.

A comprehensive assessment considers clinical examination, neurological findings, symptom progression and the impact on daily activities. Individual lifestyle and functional goals are equally important.

The objective is to identify clinically significant findings and develop a treatment plan based on the patient's overall condition, rather than treating an imaging report in isolation.

2. When Is Surgery Necessary?

Surgery remains essential for selected spinal conditions. Progressive neurological deficits, significant spinal instability, disabling symptoms and certain conditions, including fractures, tumours and infections, may require timely surgical assessment.

However, many conditions may be managed conservatively, depending on their nature and severity. Medication, physiotherapy, muscle strengthening and lifestyle modifications can form part of a structured treatment plan.

The goal is to determine which intervention is appropriate by weighing its potential benefits, risks and realistic outcomes.

3. A Holistic Approach

Effective spine care requires individualised assessment, patient education and collaboration across clinical disciplines. Complex cases may benefit from perspectives spanning spine surgery, rehabilitation and pain management.

At We Are Spine. comprehensive evaluation considers neurological function, mobility and individual needs. Patients are encouraged to understand their diagnosis, available treatment options and the benefits and limitations of each approach.

This shared decision-making process supports informed choices aligned with patient priorities.

4. Advanced, Safe Surgery

Moving beyond surgery-first thinking does not mean moving away from surgery. At We Are Spine, we perform advanced spinal surgeries in high volumes, combining modern technology with established, time-tested techniques.

Guided by the principles of safe spine surgery and patient-first care, our approach emphasises careful assessment, appropriate patient selection and treatment tailored to individual clinical needs.

When surgery is indicated, selecting the right procedure at the right time remains central to achieving meaningful outcomes.

The Right Treatment

Modern spine care is about neither delaying necessary surgery nor pursuing intervention by default. It is about informed decisions based on accurate diagnosis, clinical judgement and open dialogue between patients and specialists.

Ultimately, better spine care is not defined by how much treatment is delivered, but by how appropriately it is chosen.



BIBIN BABU
Founder & CEO, GrowQR | VentureNest

Bibin Babu Is Building The AI Layer For Careers

Bibin Babu has built businesses across coworking, blockchain and now AI. As the founder of GrowQR, he is betting that an AI copilot can help people grow careers and help companies build teams.

Bibin Babu does not start with products. He starts with gaps.

"We built the internet to move information at the speed of light. We built payment systems to move money at the speed of light. We have never built anything to move human trust at the speed of light," he says.

GrowQR is his answer. The company builds an AI Career Copilot for individuals and an AI Workforce Copilot for enterprises. Both work alongside people rather than sit in judgement over them.

For a professional, that means career mentorship, interview coaching, skill development and opportunities matched to what they can actually do. For an employer, it means real-time intelligence on talent, hiring, retention and capability building.

Agents that work for you

Babu likes to describe a 22-year-old graduate from a tier-two city, the first in her family to finish college, with no mentor in the industry she wants to join. With agentic AI, she has an agent tailoring her resume, an AI interviewer running mock rounds and a coach preparing her for her first boardroom meeting.

"She does not just have tools. She has a team," he says. "AI did not replace human capability. AI made human capability legible to the world."

Built across industries

Originally from Kerala, Babu has built businesses in coworking and workspaces, then in blockchain and digital assets, each time entering a category before it had settled. AI is the latest, and GrowQR carries that habit of arriving early.

Scale already on the ground

GrowQR says it has reached 200,000 users and counts NVIDIA and AWS among its technology partners. It has signed a memorandum of understanding with the Government of Bihar to set up an AI Global Capability Centre in Patna, aimed at creating 2,500 direct jobs.

VentureNest

Babu has spent roughly ten years as an angel investor, backing founders at the earliest stage. He has formalised that into VentureNest, an early-stage fund for startups in fintech, B2B SaaS, consumer and D2C, healthtech, agritech and AI.

The two efforts feed each other. GrowQR builds the AI infrastructure for talent. VentureNest backs the founders building what comes next.

For a founder who has made a habit of being early, the approach has not changed. He builds the infrastructure first, and lets the impact make the case.

Putting the Cool in Chappal: How Chupps Footwear Is Reimagining India's Everyday Footwear

Yashesh Mukhi, Founder, and Khairav Duggal, CEO of Chupps Footwear, make an unlikely pair. One obsesses over product. The other builds brands. They share one belief: the humble Indian chappal deserved better. Now they're turning an overlooked household staple into something people actually want to wear.

Every great brand starts with a problem. What was yours?
Compromise. Comfortable chappals looked dull. Good-looking ones hurt by evening. Most didn't last. And when they wore out, they went to a landfill. We didn't think you should have to choose. So we built Chupps Footwear to give you comfort, style and durability in one pair, made with the landfill in mind.

What we saw was simple. The chappal is the most-worn, least-respected piece of footwear in the country. It is the first thing you put on in the morning and the last thing you take off at night, yet nobody bothered to design it well, build it to last, or make it something you would actually be proud to wear. That gap, between how much it is used and how little thought went into it, was the whole opportunity.

You describe yourselves as a 'power duo'. How do the two of you actually divide the work?
We're not a power duo. We're a duo that believes in the power of comfort. That's why, for now, we only make open footwear. Between us, one sets where we're going and makes sure our teams have everything they need to get there. The other looks after product, channels and the pace we move at. Where we meet is the pair itself. If it isn't comfortable, it doesn't ship.



"THE CHAPPAL IS THE MOST-WORN, LEAST-RESPECTED PIECE OF FOOTWEAR IN THE COUNTRY. THAT GAP WAS THE WHOLE OPPORTUNITY."

Chupps Footwear has grown quickly. What have the milestones been?

YASHESH MUKHI
Founder, Chupps Footwear

From early on, we've been the official open footwear partner for Mumbai Indians and Gujarat Titans. That put us on the biggest stage in Indian sport. We planned our channels before we needed them. Our website, marketplaces, general trade and modern trade each have a clear role, so no one channel carries the whole business. We priced the pair so it feels worth more than you paid. We've stayed visible at every step, from the films and creators that introduce us to the moment you buy. And in November 2025, we opened our first store at R City Mall, Ghatkopar. A few more are coming soon.

We have built the brand on being direct-to-consumer at heart while growing a strong retail presence, so customers can find us both online and on the ground. Each range has taught us something about what the Indian consumer actually wants from everyday footwear- comfort first, durability always, and design that does not apologise for itself.

What actually makes Chupps Footwear different? There is no shortage of footwear brands.
Most footwear brands compete on fashion or performance. We chose the hardest, most crowded, most ignored part of the market, everyday open footwear, and decided to win it on substance. That means obsessing over the things people feel but rarely articulate: how the sole holds up after months of use, how the footbed feels at the end of a long day, how a material wears over time.

It also means taking foot health seriously, which almost no footwear brand in India does. We are building the evidence to back what we make, rather than making claims and hoping no one checks.

You talk about foot health. That is unusual for a footwear brand. What are your thoughts on this?
Your feet carry you all day. Good footwear should support them. But most people buy chappals



without a second thought. They go by price. And because it's "just for home," nobody asks what it does for their feet. That's what we're asking you to question. So we think about every part of the pair. Heel cushioning, plus arch and toe support, to hold your foot in its natural stance. A rubberised, slip-resistant grip. A quick-dry lining. 6 mm of foam underfoot. Cruelty-free components. And a biodegradable sole.

For too long, footwear in India has been sold on looks or price. We think there is a more honest conversation to be had about comfort, support and everyday foot care, the kind of thing people only think about once something hurts. We want to bring that conversation forward, backed by genuine research, and make it part

KHAIRAV DUGGAL
CEO, Chupps Footwear

of how people choose what they wear every day.

Where does this go next? What is the larger vision?
We want Chupps to be the leader in open footwear in India, and over time, to rank among the best in the world.

We did not set out to make a better chappal. We set out to change how an entire country thinks about the footwear it wears most. If we get that right, the business takes care of itself. The humble chappal has carried India for generations. We think it is time it got the respect, and the design, it always deserved.



The Missing Conversation In Women's Healthcare

Richa Rehan, pelvic health physiotherapist, women's health educator and founder of The Nariverse, on breaking taboos and bringing pelvic health into mainstream Indian healthcare.

India's approach to women's healthcare has evolved, with greater attention to maternal health, reproductive choices and preventive care. Yet pelvic health remains absent from everyday conversations.

For women experiencing urinary leakage, pelvic pain or discomfort during intimacy, seeking help can mean embarrassment. In many Indian households, intimate symptoms are discussed reluctantly, if at all. Discomfort after childbirth or during ageing may be viewed as something to endure rather than assess.

The Cost of Silence

Growing openness around menstruation and reproductive health has not necessarily extended to pelvic floor concerns. Limited anatomical understanding, taboos and the belief that certain symptoms are inevitable can leave women unsure when to seek professional advice.

When symptoms remain unspoken, assessment may be delayed, affecting comfort and confidence. A symptom can be common without being something a woman must accept. Leaking when you cough after childbirth is common and, in most cases, treatable.

Education Beyond Awareness Campaigns

Pelvic health encompasses bladder and bowel function, pelvic support and aspects of sexual well-being. Its relevance extends beyond pregnancy and postpartum recovery to different stages of adulthood.

Through The Nariverse and her YouTube channel, Rehan encourages women to understand their bodies and ask informed questions. Her book, Things Every Girl Should Know About Her Body, also makes discussions about bodily changes and health more accessible.

Her perspective points to an opportunity for Indian healthcare: moving beyond campaigns towards culturally sensitive education that supports informed decisions. Information must be medically grounded, accessible nationwide and communicated without judgement.

Bringing Pelvic Health Into Routine Care

Awareness alone cannot close the gap. Women need appropriate assessment, professional guidance and individualised treatment.

Depending on the condition, care may involve pelvic health physiotherapy, behavioural interventions, medical evaluation or collaboration among specialists.

Making pelvic health part of routine consultations could encourage earlier conversations while recognising differences in healthcare access across India.

A Broader Measure of Progress

The challenge is making pelvic health visible and conversations about it ordinary, informed and respectful.

As India advances its healthcare priorities, women's health must be understood beyond reproductive milestones and traditional medical concerns.

Progress should be measured not only by available services, but also by whether women feel informed, heard and comfortable seeking care for concerns unspoken for generations.

The Woman Behind The Vision: Dr. Grace Pinto And Fifty Years Of Ryan Group



Some legacies are built brick by brick. Dr. Grace Pinto's was built classroom by classroom, one student at a time.

As the Ryan Group of Schools marks its Golden Jubilee, fifty years of shaping young minds across India - the story of its growth is inseparable from the story of the woman who has led it for decades. Today, Ryan Group stands as one of India's largest privately owned K–12 school networks, with a footprint of 150+ Schools across 40+ cities in 18 states and curricula spanning CBSE, ICSE, ISC, SSC, HSC, IB and IGCSE. But numbers alone don't capture what makes the institution distinctive that comes down to philosophy.

Dr. Pinto's own journey began in a classroom, as a teacher. That early, hands-on relationship with students never left her, even as her role expanded into that of a national education leader. Her guiding belief has always been simple but demanding: education is not just about marks and marksheets, but about character, creativity, emotional intelligence and social responsibility. It's a philosophy that has quietly reshaped what an Indian school day looks like one with room for robotics labs, coding classes, drone technology, and Model United Nations debates alongside textbooks.

In fact, some of Ryan Group's boldest firsts trace directly back to her instincts. The Group was the first Indian educational institution to host the International Children's Festival and the Indian Model United Nations (INMUN) — now in its 24th year and still turning teenagers into confident public speakers, negotiators and future diplomats. Global exchange partnerships with schools in the US, UK, Germany, Italy, Switzerland, Finland and Australia have added an international dimension few Indian school networks can match.

Her impact hasn't gone unnoticed. Dr. Pinto has received more than 200 national and international honours, including the Education Laureate Award 2026 by Education World, ET Now Excellence in Education Leadership award (2026), the ET Inspiring Women Leader Award (2024) and the Mahatma Award (2025).

But ask those who know her, and the awards feel almost beside the point. What stands out is a woman who still speaks about students the way she did as a young teacher with genuine warmth, and an unshakeable belief that they're capable of more than they think.

Fifty years on, that belief has become an institution. And an institution, as Ryan Group's story shows, is really just one person's conviction multiplied across generations.