

**The**

# **Future** of the Himalayas

Rethinking  
Development  
and Resilience



Presented by



CP KUKREJA  
FOUNDATION  
FOR DESIGN  
EXCELLENCE





## **About CP Kukreja Foundation for Design Excellence**

The Foundation is committed to nurturing Indian design values while supporting the next generation of professionals. It serves as a platform for students, young designers, and enthusiasts to engage with real social and environmental challenges, encouraging them to develop thoughtful and sustainable approaches to the built environment.

To facilitate learning and exposure, the Foundation conducts internships, workshops, lectures, and collaborative programs with organisations in India and abroad. A key initiative is the annual student design trophy held in association with NASA India, which invites participants to rethink urban spaces with a focus on sustainability and community well-being. In its first year, the competition received over 800 submissions, reflecting the strong interest and engagement from students across the country and overseas.

Through exhibitions, competitions, scholarships, exchange programs, and digital outreach, the Foundation creates avenues for emerging professionals to share their ideas and contribute meaningfully to ongoing conversations about design and urban futures. Its work is grounded in the belief that design influences everyday life in profound ways, and that fostering design literacy and critical thinking is essential for long-term societal and environmental resilience.



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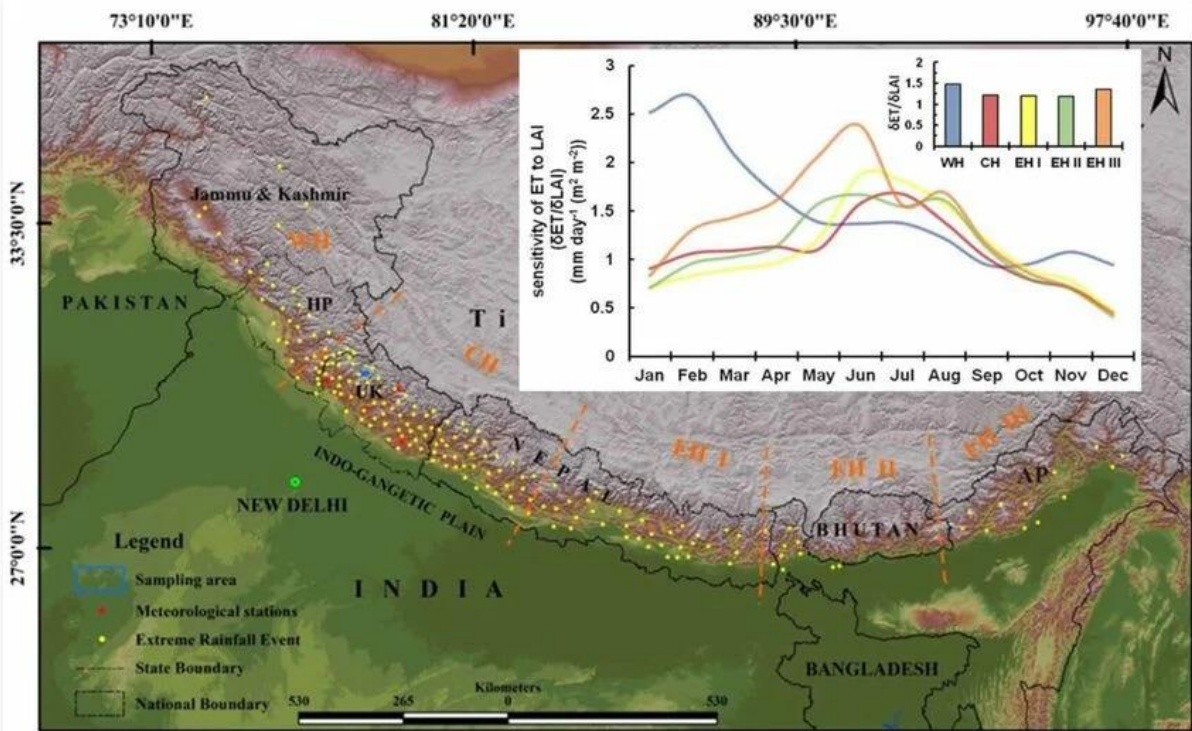
<https://www.youtube.com/@CPKFoundation>

### **Acknowledgement**

The Foundation acknowledges the time, insights, and perspectives shared by all participants during the Himalayan Roundtable. Their contributions have informed the direction and substance of this document.

## Foreword

The Himalayan region is entering a period of increasing uncertainty. Across the landscape, changes are becoming more visible and more frequent. Rainfall patterns are shifting, often in ways that exceed existing design assumptions. The Indian Himalayan Region (IHR) has seen a ~15–20% increase in extreme rainfall events since the 1950s (Indian Meteorological Department climate trend analyses; IPCC Sixth Assessment Report, 2021–2023). Short-duration heavy rainfall events have increased significantly, especially in Uttarakhand and Himachal Pradesh. Landslides are occurring with greater intensity. India records ~12.6% of global landslides, with the Himalayas as the most affected zone (Geological Survey of India, Landslide Atlas of India, 2020). Over 80% of the IHR is vulnerable to landslides. Settlements that were once considered stable are now showing signs of stress. Infrastructure systems are being repeatedly tested under conditions they were not designed to withstand.



**Figure 1: Spatial Distribution and Seasonal Sensitivity of Extreme Rainfall Events Across the Himalayan Arc**  
Source: IMD datasets and regional climate studies

These developments are not isolated events. They are part of a broader pattern of systemic strain. What makes the Himalayan context particularly significant is its scale of impact. The region is not only a geographic boundary—it is a critical ecological system that supports water security, climate regulation, and economic networks for nearly a quarter of the world's population—approximately 1.3–1.5 billion people across South Asia downstream (ICIMOD Hindu Kush Himalaya Assessment Report, 2019). Disruptions within this system extend far beyond the mountains themselves.

At the same time, pressures on the region continue to grow. Demand for connectivity is increasing. Tourism is expanding. Settlements are intensifying. Infrastructure development is accelerating across multiple sectors. These processes are often necessary and, in many cases, unavoidable. However, their cumulative impact is placing unprecedented stress on a landscape that is inherently sensitive.

The challenge, therefore, is not whether development should occur in the Himalayas, but how it can occur without reinforcing existing vulnerabilities. This question is not new. What is changing is the urgency with which it must now be addressed. Recent events across the Himalayan belt have made visible what was previously understood in more abstract terms—that the consequences of misaligned development are not gradual, but episodic. When systems fail, they do so abruptly, often with cascading effects.

In this context, there is a need to move beyond fragmented responses and toward a more integrated understanding of the region. This White Paper emerges from that need. It brings together perspectives from across disciplines to examine the structural challenges shaping development in the Himalayas, and to outline a direction for more coherent and context-responsive approaches. The intention is not to provide a definitive solution, but to contribute to a broader shift in how the region is understood and engaged with.

## **Methodology**

This document is based on a closed-door Himalayan Roundtable convened by the CP Kukreja Foundation for Design Excellence, bringing together experts from across infrastructure, ecology, governance, engineering, and social sciences.

The white paper synthesises insights emerging from these discussions, supported by subsequent editorial development and research. It does not represent individual position papers by participants, but rather a consolidated perspective that draws upon the collective exchange of ideas during the roundtable.

The process involved:

- structured thematic discussions across disciplines
- identification of key areas of convergence and divergence
- integration of technical, ecological, and socio-cultural perspectives
- editorial synthesis into a cohesive framework

Where relevant, specific viewpoints and observations from participants have been incorporated to retain the integrity of the discussion. This document is intended to contribute to ongoing discourse on the Himalayan region and to support more integrated approaches to planning and intervention.

## About the Authors



### **Mr. Ajit Pai, *Chairman - Delhi Urban Art Commission***

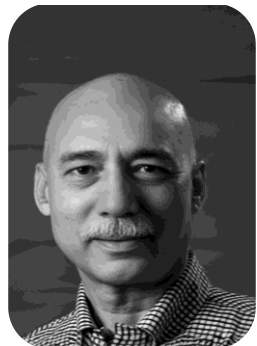
Mr. Ajit Pai is Chairman of the Delhi Urban Art Commission and Strategy Lead Partner for Government and Public Sector at EY's Strategy and Transactions group. He previously served as Distinguished Expert at NITI Aayog, leading Economics and Finance and overseeing Public Disinvestment, while managing engagements with institutions including the World Bank, IMF, ADB, and the G20. His earlier career includes senior roles at McKinsey, Lazard, Thomas Weisel Partners, and Stifel Financial, earning five number one Starmine Awards in the Forbes and Financial Times World's Best Analysts Survey. He holds a Bachelor of Architecture from the School of Planning and Architecture, New Delhi, and both a Master of Architecture and an MBA from Yale University, where he was a Tata Scholar and John M Olin Fellow. His interests span architecture, urbanism, economic development, sustainability, finance, and governance, and he serves on the Advisory Board of the Future Institute.



### **Mr. Amit Prothi, *Director General - CDRI***

Mr. Amit Prothi is Director General of the Coalition for Disaster Resilient Infrastructure, a global partnership of over sixty countries and international organisations working to embed resilience into infrastructure systems worldwide. Based in New Delhi, CDRI advances practical solutions to address the growing risks posed by climate change and natural hazards.

With three decades of international experience across public, private, and multilateral sectors, Mr Prothi has held senior roles at AECOM and advised the Asian Development Bank, the World Bank, and the Rockefeller Foundation's 100 Resilient Cities initiative. Trained as an architect and planner, he holds degrees from the School of Planning and Architecture, New Delhi, and the University of Massachusetts Amherst, and has pursued doctoral studies at MIT.

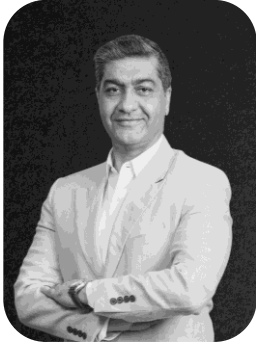


### **Dr. A K Gosain, *Emeritus Professor – IIT Delhi, Founder & Director, INRM Consultants (Incubate company of IIT Delhi)***

Dr. Ashvani K. Gosain, pioneered the climate change impact assessment on Indian water resources incorporated in the NATCOM I & II – the National Communications made to the UNFCCC. He contributed to the formulation of the Ganga River Basin Management Plan (GRBMP). He is part of the Principal Committees appointed by the National Green Tribunal to supervise implementation of NGT orders for Ganga and Yamuna. He has to his distinction formulation of the Ganga Act. Prof Gosain has been conferred with the Global Excellence Award 2021 in Water Sector by the Energy & Environment Foundation. Prof Gosain has served as Head of the Civil Engineering Department and the Computer Services Centre of IIT Delhi.

## **Mr. Dikshu Kukreja**

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Mr. Dikshu C. Kukreja is a world-renowned architect, urban planner, and environmentalist, and the Managing Principal of CP Kukreja Architects, ranked among the 'Top 100 Architecture and Planning Firms in the World' and 'Top 5 in Asia'. A Harvard University graduate with a Master's in Architecture, he is celebrated for innovative, sustainable, and socially responsible designs, and is widely recognized as the 'Face of 21st Century Architecture in India.' He also serves as the Honorary Consul General of the Republic of Albania to India, reflecting his commitment to fostering international relations and collaboration. As Director of CP Kukreja Foundation for Design Excellence, he champions design education, research, and innovation in India, leading initiatives such as the NASA x CP Kukreja Design Trophy, the TV series *Tale of Two Cities*, and the talk series *Deciphering Design with Dikshu*, providing platforms for students, professionals, and policymakers to advance sustainable and inclusive design practices.

## **Mr. Harendra Kumar**

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Mr. Harendra Kumar is a senior officer of the Border Roads Engineering Service and currently serves as Additional Director General (Eastern Zone) of the Border Roads Organisation under the Ministry of Defence, Government of India. A 1990-batch officer, he brings over three decades of experience in strategic infrastructure development across remote border regions. Over his 34-year career, he has played a key role in the construction of roads, bridges, and tunnels along the Indo-Tibetan border, with major contributions in Jammu & Kashmir, Uttarakhand, and Arunachal Pradesh. A recipient of the Ati Vishisht Seva Medal and the Vishisht Seva Medal, he currently oversees critical infrastructure projects across India's eastern frontier, ensuring their timely execution and operational readiness.

## **Lt. Gen. Harpal Singh (Retd)**

Lieutenant General Harpal Singh is a former senior officer of the Indian Army with distinguished service spanning over four decades. A former Director General of the Border Roads Organisation and former Engineer in Chief of the Indian Army, he has been instrumental in the development of strategic tunnels and critical underground infrastructure assets for the defense forces, particularly in high altitude and geologically complex regions.



He has been a driving force behind the completion of the Atal Tunnel under Rohtang Pass, as well as the progress of the Theing Tunnel in Sikkim and the Sela and Nechipu Tunnels in Arunachal Pradesh. His leadership has also shaped the planning and execution of numerous other tunnel projects along sensitive border passes in the challenging Himalayan geology, significantly strengthening all weather connectivity and strategic resilience.



**Dr. Reet Kamal Tiwari, Associate professor - IIT Ropar  
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Dr. Reet Kamal Tiwari is an Associate Professor and Head of the Department of Civil Engineering at IIT Ropar, where he also leads two major research centres, SEnSRS and CESDR. An accomplished academician and entrepreneur, he has founded two geospatial science-based startups, Yarra Instrumentation Pvt. Ltd. and AeroNayan Pvt. Ltd., both incubated at IIT Ropar. With prior experience as a Scientist at the Wadia Institute of Himalayan Geology, Dr. Tiwari holds advanced degrees in Geology, Remote Sensing, and GIS, including a Ph.D. from IIT Roorkee. His research spans remote sensing, GIS, glaciology, water resources, natural hazards, and digital image processing, supported by more than 65 journal papers, significant research funding, and active participation in national committees. A senior member of leading scientific societies, he has supervised numerous doctoral and postgraduate students and continues to contribute extensively to geospatial innovation, research, and industry collaborations.



**Dr .S.L. Swamy, Chairman - Institution of Civil Engineers**

Dr. S. L. Swamy is Chairman of the Institution of Civil Engineers India, a government recognised body in civil and architectural engineering. He holds a Doctorate in Management and a Master's degree in Engineering, with over two decades of experience in education, technical leadership, and administration. He has served as Vice Chancellor of Rajiv Gandhi Technical University and Chairman of Symbiosis Technical Education Society, contributing significantly to technical education in India. Dr Swamy has been actively involved in shaping educational policy, promoting quality standards, and strengthening institutional frameworks. He remains committed to workforce skill development, safety, and industry aligned education in support of India's sustainable growth and infrastructure development objectives.



**Shri P. Subramanyam,  
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P. Subramanyam is a 1992 batch Indian Forest Service officer and currently serves as the Principal Chief Conservator of Forests and Head of Forest Force in Arunachal Pradesh. With nearly 35 years of experience in forestry and environmental governance, he has held key postings across India, including in the Andaman and Nicobar Islands and Arunachal Pradesh. His work spans forest and wildlife management, law enforcement, natural resource governance, and international environmental engagements, with a strong focus on balancing conservation, development, and the livelihoods of forest dependent and indigenous communities.

# **1. Framing the Himalayan Question |**

Dikshu C. Kukreja

The Himalayas are often approached as an ecological problem—fragile, endangered, and in need of protection. While this is not incorrect, it is incomplete.

What is unfolding across the region cannot be understood through environmental indicators alone. The signals are visible in multiple forms: shifting rainfall patterns, increasing slope instability, settlements showing signs of stress, and infrastructure systems that are repeatedly tested under conditions they were not designed to withstand. These are often treated as isolated events. But taken together, they suggest something more systemic.

Over the past decades, knowledge about the Himalayas has expanded significantly. Advances in geological mapping, hydrological modelling, and climate science have made it possible to understand the region with increasing precision. Technical expertise exists across disciplines, and local communities continue to hold deeply embedded knowledge shaped by long-term engagement with the landscape. Yet, despite this, outcomes on the ground remain inconsistent.

Between 2013 and 2023, the region has witnessed multiple high-impact events—from the Kedarnath floods to the Chamoli disaster and the subsidence of Joshimath. These are not anomalies in isolation. They are part of a broader pattern in which the consequences of intervention are becoming more visible, and in many cases, more severe.

At the same time, pressures on the region continue to grow. Demand for connectivity is increasing. Tourism is expanding. Settlements are intensifying. Infrastructure development is accelerating across sectors. Much of this is necessary, and in many cases, unavoidable. However, it is taking place within a landscape that does not respond predictably to isolated decisions.

This raises a fundamental question. If knowledge exists, and if intent is not necessarily lacking, why do outcomes continue to diverge from expectation? The answer may not lie within any single domain—whether environmental, infrastructural, or institutional—but in how these domains relate to one another.

Across the Himalayan region, interventions are often conceived and implemented within sectoral boundaries. Roads, settlements, water systems, and ecological processes are addressed through separate frameworks, even though their impacts are interconnected. The result is not a single point of failure, but a condition that accumulates over time. The Himalayas do not respond to individual interventions in isolation. They respond as a system. Understanding this distinction is critical.

It suggests that the challenge is not only about what is being done, but how decisions are structured, how knowledge is applied, and how relationships between systems are accounted for in the process of development. This White Paper emerges from that context.

It does not attempt to resolve the question at the outset. Instead, it brings together perspectives from across disciplines to examine the conditions shaping development in the Himalayas, and to explore how these conditions might be better understood.

## **2. Defining the System: What is the Himalaya? |**

By Ajit Pai

Any meaningful discussion on the future of the Himalayas must begin with a fundamental clarification: the Himalayas are not a single, uniform system.

They are a composite of multiple geographies, climates, and cultures, layered across vast spatial and temporal scales. From the high-altitude cold deserts of Ladakh to the dense forested regions of Arunachal Pradesh, from sparsely populated frontier zones to rapidly urbanising hill towns, the Himalayan region defies singular definition. Geological formations vary significantly, climatic conditions shift sharply over short distances, and cultural systems are deeply rooted in local contexts.

This heterogeneity is not incidental—it is the defining characteristic of the Himalayas. Yet, much of our planning and development practice continues to treat the region as a singular entity. Policies, infrastructure models, and economic strategies are often conceived in a generalized manner, and then applied across vastly different contexts. The result is a persistent mismatch between intervention and terrain.

The limitations of a “one model fits all” approach are evident. What may be appropriate in one valley system may be entirely unsuitable in another. Similarly, strategies that work in more stable mountain systems globally cannot be directly transferred to the Himalayas, which are geologically young and inherently unstable. At the same time, acknowledging diversity alone is not sufficient.

If each region is treated as entirely unique, it becomes difficult to build a coherent framework for development. The challenge, therefore, lies in identifying common structural themes that cut across this diversity—shared conditions that can inform broader strategies while still allowing for local specificity.

Some of these commonalities are already visible. Across the Himalayan belt, there are recurring patterns of:

- infrastructure-led development, primarily driven by road expansion
- dispersed, low-density settlement patterns that increase ecological stress
- emerging economic dependence on tourism and state-led investment
- and growing pressure on fragile ecological systems

These shared dynamics suggest that while the Himalayas are diverse, they are not unstructured. An economic lens further sharpens this understanding. Development in the region is increasingly tied to:

- connectivity infrastructure
- tourism flows
- and integration with national and regional economies

However, current models of growth tend to prioritise short-term accessibility over long-term sustainability. Road-based expansion, in particular, has become the default mode of development, often without sufficient consideration of its cumulative ecological impact. In this context, there is a need to reconsider the structural basis of infrastructure and settlement planning in the Himalayas.

Two directions emerge from this discussion.

The first is a potential modal shift in infrastructure—from a predominantly road-based system toward greater integration of rail networks. Rail systems, while requiring significant upfront investment and technical adaptation, offer advantages in terms of carrying capacity, energy efficiency, and reduced surface-level disruption when appropriately designed.

The second is a rethinking of settlement patterns. Current development tends to be linear, road-dependent, and spatially dispersed. This not only increases ecological footprint but also places stress on infrastructure and service delivery systems. In contrast, more compact and strategically planned settlements—drawing from traditional models in the region—may offer greater resilience and efficiency.

These propositions are not prescriptive solutions, but directional shifts.

They point toward the need for a more structured understanding of the Himalayas—one that balances diversity with commonality, and local specificity with systemic coherence. Only through such an approach can development move beyond reactive interventions toward a more deliberate and context-sensitive framework.

### **3. The Ecological Base Layer**

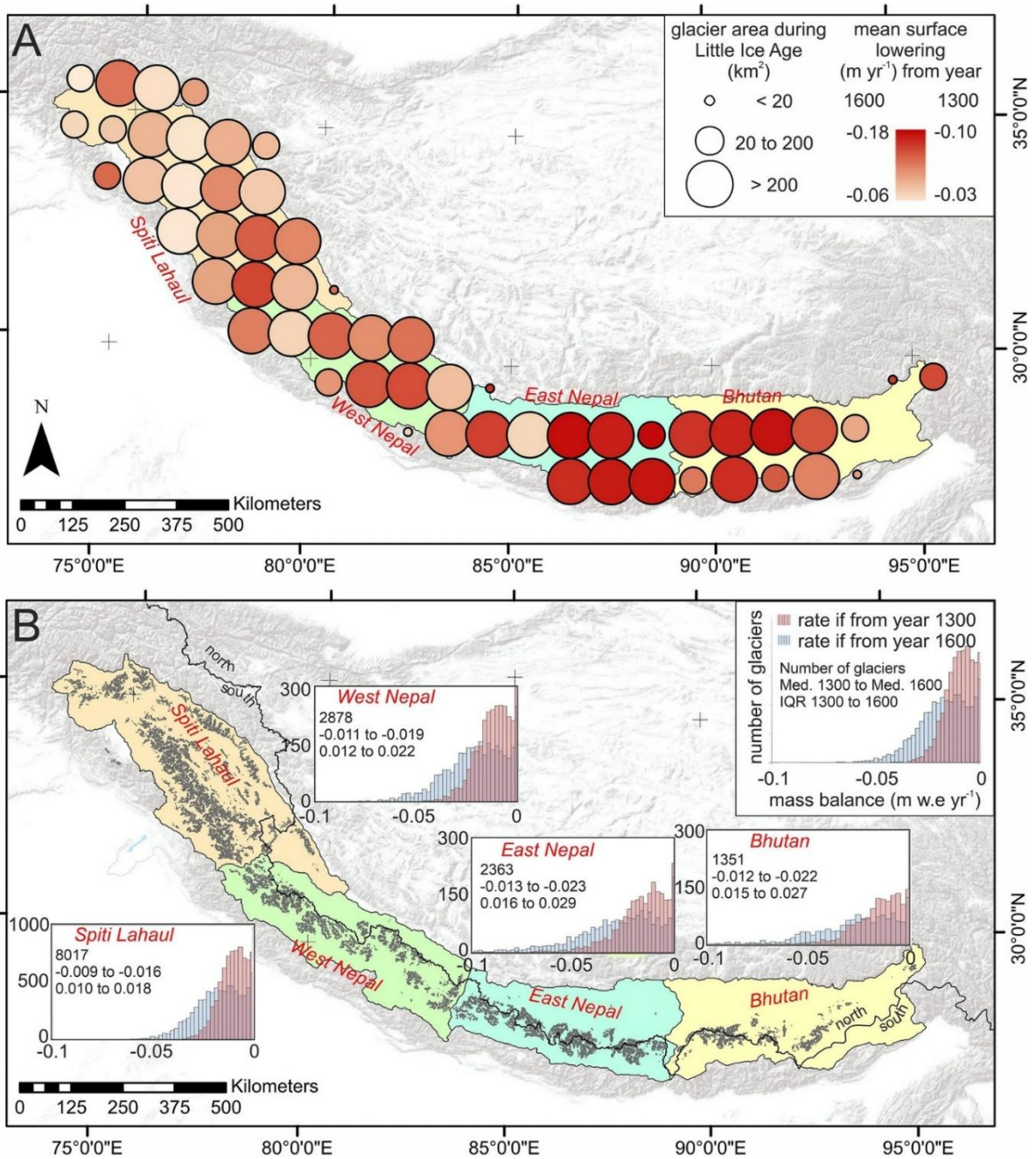
3.1 Water Systems and Climate Instability | A.K. Gosain

3.2 Cryosphere, Terrain, and Data Systems | Reet Kumar Tiwari

### 3.1 Water Systems and Climate Instability

Any framework for development in the Himalayas must begin with water.

Water is not simply one component within the system—it is the primary organising force that determines ecological stability, settlement viability, and long-term sustainability. All other forms of development, whether infrastructural, economic, or social, are contingent upon the behaviour of water systems in the region. These systems, however, are undergoing fundamental change.



**Figure 2: Regional Variation in Glacier Mass Balance and Surface Lowering Across the Himalayas**

Source: ICIMOD and Nature Climate Change studies

At the same time, the foundational assumptions that have historically guided water resource planning are becoming increasingly unreliable. Hydrological design has long been based on the principle of stationarity—the idea that past patterns of rainfall, river flow, and climatic behaviour have inherent stationarity and thus can be used as an indicator of future conditions. This assumption no longer holds.

The Intergovernmental Panel on Climate Change (IPCC) confirms that non-stationarity is now the dominant condition in hydrology globally, especially in mountain systems. Observed data indicates a clear trend toward:

- increased intensity of rainfall events by ~75% in central India and significant rises in Himalayan regions (Indian Meteorological Department studies on extreme rainfall trends in India, 2019–2022)
- greater variability in precipitation patterns
- and a corresponding rise in flood magnitudes as well as drought severity

This shift has significant consequences for infrastructure design. Systems built on return-period models—such as designing for a “1-in-25-year” or “1-in-100-year” flood—are increasingly inadequate in a context where extremes are no longer predictable within historical bounds.

In parallel, there remains a critical gap in land-use regulation, particularly with respect to floodplains. In many parts of the country, including Himalayan regions, floodplain zoning is either totally absent or if present, then poorly enforced. As a result, settlements and infrastructure continue to expand into high-risk zones, increasing exposure to hydrological hazards.

These challenges point to a deeper structural issue. Water systems in the Himalayas cannot be understood or managed at the scale of individual projects or administrative boundaries. Rivers, catchments, and aquifers operate as interconnected systems that extend across districts and states. Yet, planning and decision making remain fragmented.

The consequence is a growing disconnect between natural systems and development patterns. In this context, water must be recognised as the first-order constraint on development. Any intervention—whether in infrastructure, tourism, or urban expansion—must be evaluated against:

- water availability
- hydrological risk
- and long-term system behaviour due to climate change

This necessitates a shift toward basin-scale planning frameworks, where decisions are informed by the dynamics of entire river systems rather than isolated sites. Without such a shift, development in the Himalayas will continue to operate on assumptions that no longer reflect ecological reality.

It is important to recognize that these shifts are not entirely reversible. Changes in glacial systems, slope stability, and hydrological behavior operate over long-time scales. Once thresholds are crossed, recovery is uncertain, and in some cases, unlikely within human timeframes. This places a fundamental constraint on how development can proceed in the region.

## **3.2 Cryosphere, Terrain, and Data Systems**

### **3.2.1 The Data-Decision Gap**

While the ecological dynamics of the Himalayas are increasingly well understood, the challenge lies not in the absence of data, but in its position within decision-making processes.

Over the past decades, significant advances have been made in geospatial technologies, remote sensing, and terrain analysis. These tools allow for precise identification of unstable slopes, landslide-prone zones, glacial lake outburst flood (GLOF) risks, and broader hazard landscapes. In principle, this enables a highly informed approach to planning and development. In practice, however, these capabilities remain underutilised.

A recurring pattern across the Himalayan region is that development decisions are often taken prior to scientific assessment. Infrastructure alignments, settlement expansions, and project locations are frequently determined by administrative or economic priorities, with technical validation occurring retrospectively. This reverses the intended role of data—from a guiding input to a post-facto justification. The issue, therefore, is not the absence of knowledge, but its misalignment with action.

In a region where climate change is accelerating glacier retreat, altering hydrological regimes, and intensifying extreme events, this disconnect has significant consequences. Development continues to proceed within a data-rich environment, yet without a structured mechanism to translate available information into actionable insight.

### **3.2.2 Evidence from Recent Events**

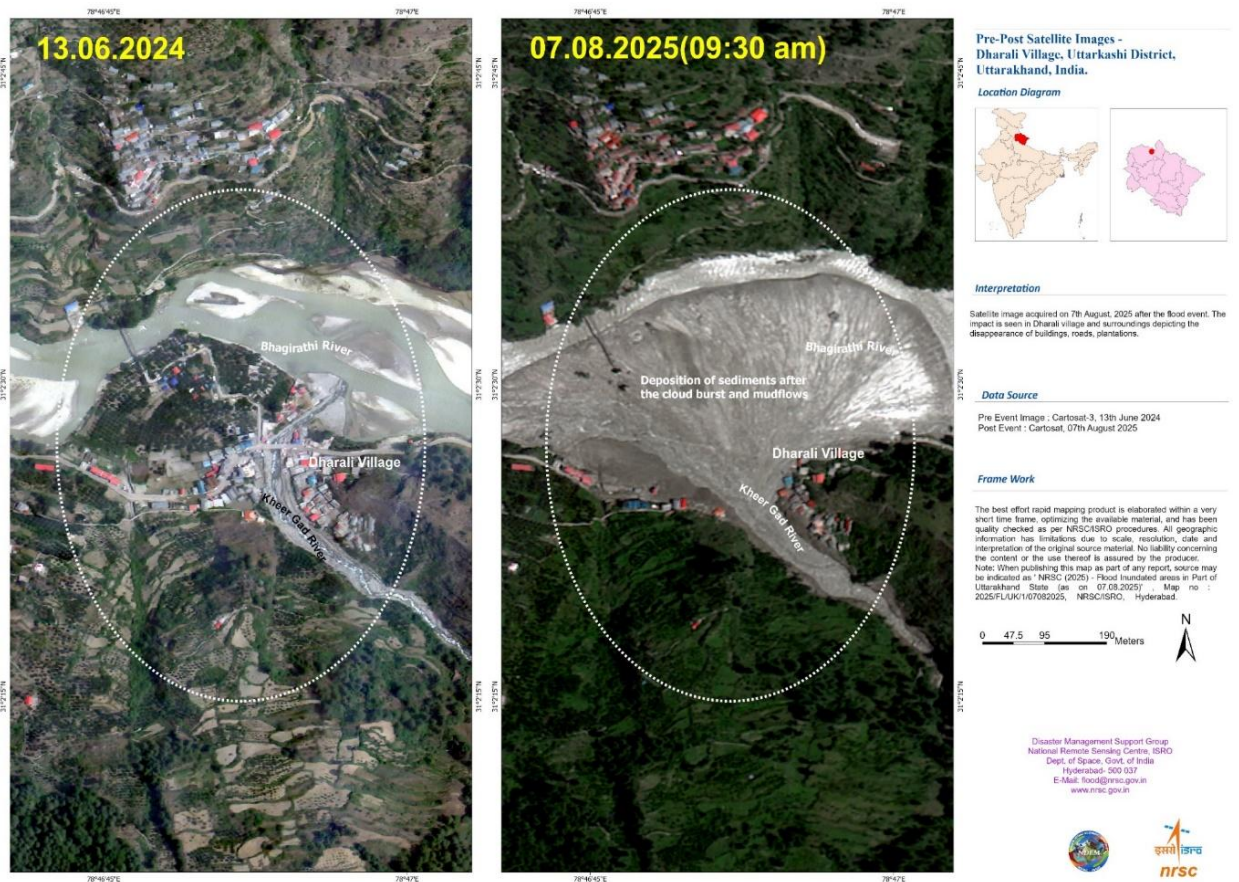
The implications of this gap are visible across multiple events in the Himalayan region, where available data has not translated into informed planning decisions.

The Kedarnath disaster (2013), triggered by a combination of extreme rainfall and glacial processes, exposed the vulnerability of settlements and infrastructure located along known flood pathways. Post-event assessments indicated that geomorphological and hydrological risks had been previously identified but were not adequately integrated into development decisions.

Similarly, the land subsidence observed in Joshimath (2022–23) reflects a cumulative condition of stress. The town, located on old landslide deposits, had long been recognised as geologically sensitive. Continued construction, infrastructure loading, and inadequate drainage systems intensified underlying instability, resulting in large-scale structural failure and displacement.

The glacial lake outburst flood (GLOF) in Sikkim (South Lhonak Lake, 2023) further illustrates this pattern. Remote sensing studies had already identified the rapid expansion of the lake and its associated risk. However, the absence of an integrated monitoring and early warning system limited the ability to respond in time.

These events are often characterised as natural disasters. However, in many cases, they represent predictable outcomes of decisions taken without full engagement with available data.



**Figure 3: Post-disaster terrain and settlement vulnerability (Dharali, Uttarakhand)**

Source: NRSC/ISRO imagery

### 3.2.3 From Data to Decision: Tools and Frameworks

Addressing this gap requires a shift from data generation to data application.

One of the most critical tools in this transition is **Multi-Hazard Susceptibility Zoning (MHSZ)**. In a region where geological, hydrological, and climatic risks interact, isolated hazard assessments are insufficient. MHSZ enables the classification of terrain based on composite risk—integrating slope stability, drainage patterns, seismicity, land use, and climate variables into a unified framework.

Such an approach allows for differentiation across the landscape:

- areas suitable for development
- areas requiring controlled intervention
- and areas where risk levels necessitate restriction or avoidance

Unlike static zoning systems, this framework must operate dynamically, incorporating real-time data and evolving environmental conditions.

Alongside zoning, **predictive modelling** offers a forward-looking basis for decision-making. Advances in computational modelling now make it possible to simulate landslide scenarios under varying rainfall conditions, assess flood propagation, and evaluate long-term terrain evolution under climate change. These tools allow planners to move beyond historical assumptions and engage with future risk trajectories. However, both zoning and modelling are contingent upon a more fundamental requirement: **data integration**.

At present, critical datasets—geological surveys, hydrological records, infrastructure performance data, and remote sensing observations—remain fragmented across institutions. The absence of standardisation, digitisation, and inter-agency sharing limits their application in planning processes. A transition toward a unified data ecosystem is therefore essential.

Such a system would enable:

- consolidation of multi-source datasets
- continuous updating through real-time monitoring
- and accessibility across planning, engineering, and governance institutions

Without this integration, even the most advanced analytical tools remain underutilised.

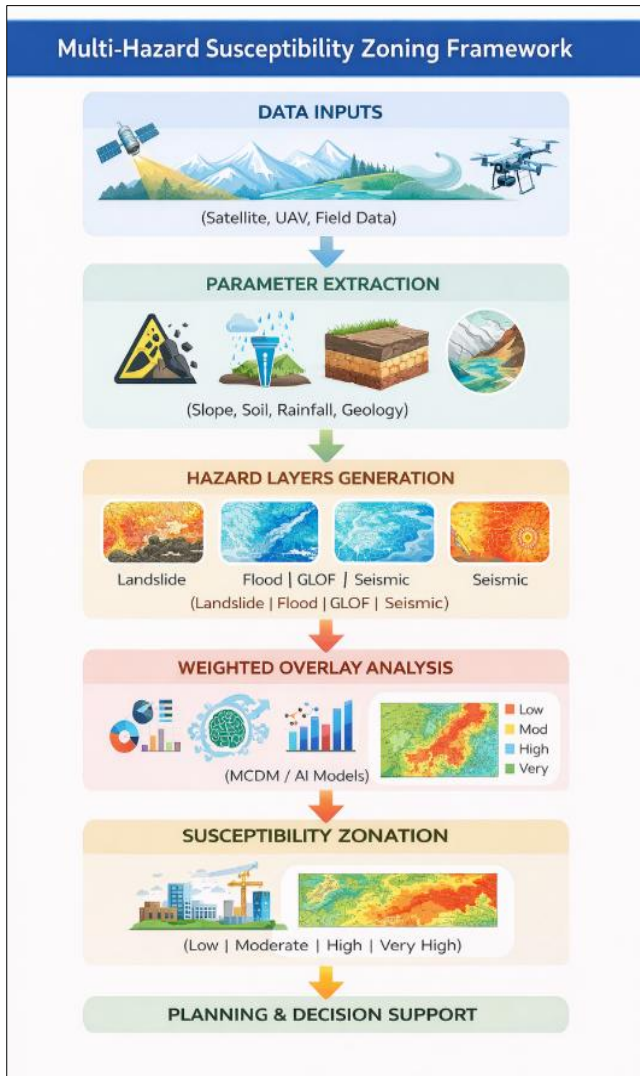


Figure 4: Multi-Hazard Susceptibility Zoning (MHSZ) Framework

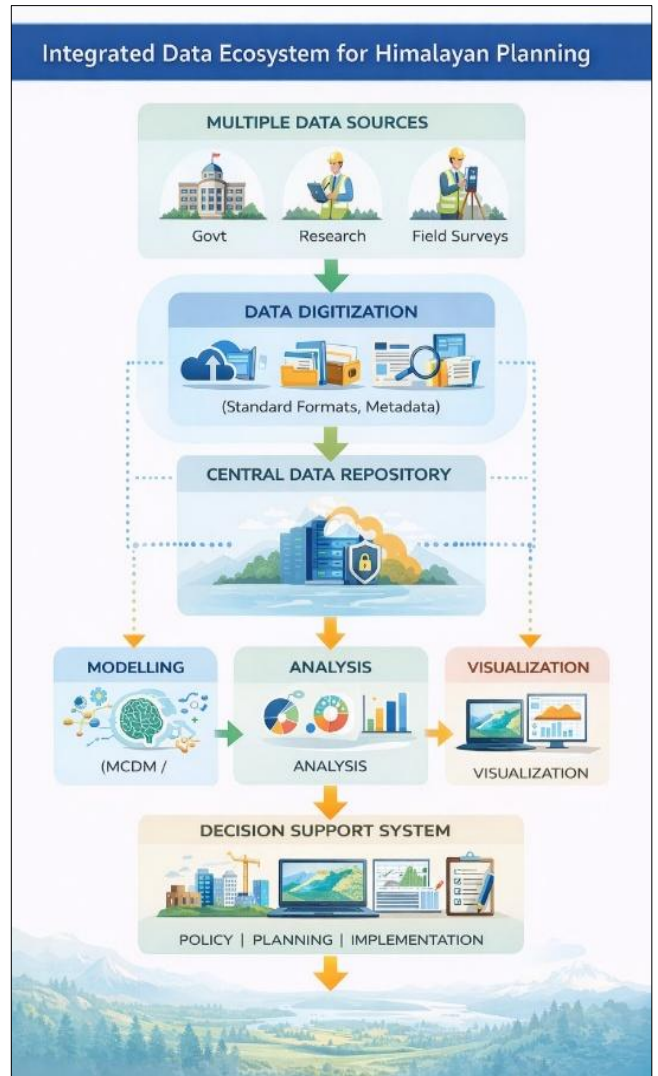


Figure 5: Integrated Data Ecosystem for Himalayan Planning

### **3.2.4 Governance, Risk, and Responsibility**

The integration of scientific data into planning inevitably raises complex socio-political questions.

In many cases, settlements have developed in areas now identified as geologically unstable or hydrologically vulnerable. While scientific assessments may clearly indicate risk, translating this knowledge into policy—particularly where it involves restricting development or relocating communities—is far more complex.

Relocation, though technically viable, carries social, economic, and cultural implications. Communities are often deeply connected to place, with livelihoods, traditions, and social systems embedded within specific landscapes. As a result, risk mitigation cannot rely solely on technical solutions.

A more balanced approach is required—one that combines:

- risk-informed land-use regulation
- adaptive infrastructure design
- phased or voluntary relocation strategies
- and strengthened local resilience through drainage, stabilisation, and early warning systems

Equally important is the need for transparency and participation. Scientific data must not only inform decisions but also be communicated effectively, enabling communities to engage with and understand risk.

Ultimately, the challenge lies in bridging the gap between technical feasibility and social acceptance—ensuring that development is not only informed, but also equitable and implementable.

### **3.2.5 Toward Data-Driven Himalayan Governance**

The Himalayas today represent a paradox: a region rich in data yet constrained in its ability to use it effectively. The challenge is not to generate more information, but to transform existing data into actionable knowledge.

This requires a systemic shift:

- from fragmented datasets to integrated data ecosystems
- from static analysis to dynamic predictive modelling
- and from reactive disaster response to proactive risk planning

Repositioning data as the foundation of decision-making is not a technical adjustment—it is a structural necessity.

Without this shift, the gap between knowledge and action will continue to widen, reinforcing cycles of vulnerability and reactive intervention. With it, there remains the possibility of aligning development with the dynamic and interconnected systems that define the Himalayan landscape.

## **4. The Built Intervention: Infrastructure in the Himalayas**

4.1 Engineering Realities and Misalignment | Lt. Gen. Harpal Singh (Retd.)

4.2 Engineering Realities and Misalignment | Harendra Kumar

The challenges of development in the Himalayas are often framed primarily as environmental constraints. In practice, many of the risks we are witnessing today arise from a more fundamental issue: the misalignment between conventional engineering approaches and the realities of mountain systems.

**“The challenge in the Himalayas is not whether to build, but how to build in alignment with the mountain.”**

Over several decades, infrastructure development in the Himalayas has, in many instances, followed templates derived from the plains. Standardised approaches to road construction, slope cutting, tunnelling, and urban expansion have been applied in terrain that is geologically young, structurally heterogeneous, and inherently unstable. Over 70% of Himalayan roads are built using hill-cutting methods without adequate slope stabilisation (Border Roads Organisation project data and associated studies, 2018–2022).

**“The Himalayas cannot be engineered through replication; they require contextual, terrain-specific design.”**

Mountain systems require a fundamentally different engineering approach—terrain-responsive, hydrology-driven, and geology-specific. However, interventions have often prioritised speed, scale, and uniformity over contextual adaptation. The consequences are evident in progressive slope destabilisation, where repeated cutting for road widening and infrastructure expansion alters slope geometry and incrementally weakens hillsides, increasing long-term failure risks.

**“In the Himalayas, every slope cut is a long-term liability unless stabilised and continuously monitored.”**

A critical, and often under-recognised, factor in Himalayan instability is water. Field experience across the Himalayan region consistently shows that most slope failures are hydrologically triggered rather than structurally initiated. Studies indicate >60% of landslides in Himalayas are rainfall-triggered, not seismic (Geological and hydrological studies across the Himalayan region; GSI and academic research, 2010–2020). When natural drainage systems are disrupted—through excavation, road construction, or unplanned development—water accumulates within slopes, leading to increased pore pressure, reduced shear strength, and eventual failure.

**“In mountain engineering, drainage is more important than structure. Most Himalayan failures are not structural failures—they are hydrological failures.”**

Alignment decisions further influence long-term stability. In some cases, infrastructure corridors traverse geologically vulnerable stretches due to terrain constraints. While such alignments may be unavoidable, they inherently carry higher risk and require enhanced mitigation, monitoring, and design intervention.

**“Alignment decisions determine risk—engineering can mitigate, but not eliminate, poor alignment choices.”**

The question of infrastructure typology also warrants careful consideration. Tunnelling has emerged as an important solution for reducing exposure to avalanche-prone routes and unstable slopes, as demonstrated in projects such as the Atal Tunnel. However, tunnel design in the Himalayas must remain geology-specific, with careful evaluation of alignment, rock conditions, overburden, and construction methodology.

**“Tunnel typology must be geology-specific; both long tunnels and multiple shorter tunnels have context-specific advantages.”**

The objective is not to build more tunnels, but to build the right tunnel in the right geology. Advances in technology now provide powerful tools for understanding and managing Himalayan risks. Techniques such as InSAR-based deformation monitoring, LiDAR terrain mapping, drone-based inspection, and real-time slope instrumentation enable early detection of instability. However, these tools are not yet consistently integrated into planning and decision-making processes.

**“The Himalayas do not lack technology—they lack integration of technology into decision-making.”**

Climate change is fundamentally altering Himalayan risk profiles, with more intense and unpredictable rainfall, shifting freeze–thaw cycles, and expanding glacial lakes—all of which directly impact slope stability, rock fracturing, drainage, and infrastructure performance. Yet, engineering design continues to rely largely on historical data and static assumptions, without adequately adapting to these evolving climatic realities.

**“Designing for yesterday’s climate in the Himalayas creates tomorrow’s disasters.”**

Another critical dimension is carrying capacity. Infrastructure and settlements are frequently developed based on projected demand that does not adequately account for terrain limits, tourism pressures, or environmental constraints. As systems become overloaded, they trigger cycles of expansion, retrofitting, and further intervention—each adding cumulative stress to fragile landscapes.

**“Carrying capacity is not a guideline—it is a hard limit in mountain systems.”**

These challenges are compounded by fragmented planning frameworks. Infrastructure development in the Himalayas is distributed across multiple agencies and sectors, with limited coordination between engineers, geologists, hydrologists, environmental planners, and disaster management authorities. Decisions are often taken within disciplinary silos, rather than through an integrated systems approach.

**“Fragmented planning in the Himalayas creates cumulative risk.”**

What is required is a shift toward integrated, basin-informed, and regionally coordinated planning frameworks grounded in:

- detailed geological and geotechnical assessment
- watershed and drainage system analysis
- climate-informed design parameters
- carrying capacity constraints
- and lifecycle-based infrastructure management

In the Himalayas, planning must follow watersheds, not administrative boundaries. Equally important is a shift in how infrastructure is viewed.

**“In mountain terrain, infrastructure is not built once—it is managed continuously.”**

Maintenance, monitoring, and adaptive management are as critical as initial design and construction. It is important to emphasise that infrastructure development in the Himalayas is both necessary and unavoidable. Connectivity is essential for livelihoods, national security, disaster response, and regional integration.

**“Connectivity is essential, but resilience must define how connectivity is achieved.”**

The issue, therefore, is not development itself, but the appropriateness of engineering approaches and planning frameworks.

The Himalayas demand a transition:

- from uniformity to contextual design
- from static assumptions to adaptive systems
- from isolated projects to basin-level planning
- and from speed of execution to long-term resilience

**“Engineering in the Himalayas must shift from static design to adaptive systems.”**

Only by aligning engineering practice with the realities of mountain systems can sustainable and resilient Himalayan development be achieved.

## **4.2 Execution, Phasing, and Ground-Level Reality**

While strategic intent and engineering design play a critical role, many of the challenges in Himalayan infrastructure emerge at the level of execution. One of the most significant issues is the manner in which infrastructure is phased and expanded over time.

Road development in the Himalayas typically follows a sequential pattern. Initial construction is undertaken to establish basic connectivity—often through narrow, single-lane roads. As demand increases, these roads are widened incrementally to accommodate higher traffic volumes.

At each stage, the scale of intervention increases substantially.

A relatively narrow road requires a certain degree of cutting and slope modification. However, as the road is expanded—first to intermediate widths and then to full double-lane standards—the volume of material that must be removed increases disproportionately. What begins as a limited intervention evolves into a major alteration of the landscape. The cumulative impact of this process is rarely accounted for.

Repeated cutting of the same slope leads to progressive destabilisation. The hill is not given time to recover or stabilise between interventions, and each phase introduces new stresses into an already weakened system.

This raises a fundamental planning question.

If the ultimate requirement is known—or can be reasonably anticipated—why is infrastructure not designed to accommodate that requirement from the outset?

The absence of long-term planning at the initial stage results in a cycle of:

- construction
- expansion
- repair
- and further expansion

Each cycle increases both environmental impact and economic cost.

Another layer of complexity arises from the multiplicity of agencies involved in Himalayan development. Infrastructure projects are often shaped by overlapping priorities:

- strategic and defence requirements
- civilian connectivity needs
- tourism-driven expansion
- and local development pressures

These priorities do not always align. In some cases, multiple agencies may undertake parallel or overlapping interventions within the same corridor, leading to duplication of effort and unnecessary environmental disturbance. This fragmentation extends to execution as well.

Variations in construction practices, contractor capabilities, and site-level decision-making can result in inconsistencies between design intent and actual implementation. Even well-conceived plans can be compromised by inadequate supervision or deviation from technical specifications.

In this context, execution cannot be treated as a secondary phase—it is integral to the success of the entire system.

A more effective approach would require:

- integrating long-term capacity planning into initial design decisions
- aligning multiple stakeholders within a unified framework
- and ensuring that execution is monitored with the same rigour as planning

Designing for the final condition, rather than incremental expansion, offers a pathway to reducing cumulative damage. It allows for a more controlled intervention, minimises repeated disturbance, and provides greater stability over time.

In the Himalayan context, where each intervention carries amplified consequences, such an approach is not merely efficient—it is essential.

## **5. Ecological Systems Under Stress**

5.1 Forests, Land Use, and Landscape Governance | P. Subramanyam

5.2 Biodiversity, Hydrology, and System Degradation

## 5.1 Forests, Land Use, and Landscape Governance

Forests in the Himalayan region are often viewed through the lens of conservation while it also represents an important interface from the development and national security perspective, thus extending its role far beyond biodiversity. They function as critical structural components of the mountain system—stabilising slopes, regulating hydrological cycles, and acting as buffers against ecological disturbance. Forest cover reduces landslide risk by up to 30–40% in steep terrains (FAO and UNEP mountain ecosystem studies on slope stabilisation and vegetation cover, 2005–2020). In this sense, forests are not peripheral to development; they are foundational to its viability.

Any alteration in forest cover has cascading effects. Reduced vegetation weakens slope stability, alters water retention capacity, and increases vulnerability to erosion and landslides. These impacts may not always be immediate, but they accumulate over time, often becoming visible only after thresholds have been crossed. At the same time, the Himalayan landscape is undergoing significant transitions in land use.

One of the most notable shifts is demographic. High-altitude regions are experiencing gradual depopulation, driven by relatively limited economic opportunities and difficult living conditions. In contrast, foothill towns and peri-urban areas are witnessing increasing population density, as migration concentrates demand for land, infrastructure, and services in more accessible locations.

This dual movement—outmigration from upper regions and densification in lower zones—creates uneven pressure across the landscape.

The implications are visible in the expansion of built areas into ecologically important zones, which warrants proper planning or regulatory oversight. In parallel, the concentration of tourism in a limited number of destinations further amplifies this pressure.

Certain locations experience seasonal surges in population far beyond their carrying capacity. This results in:

- strain on local infrastructure
- increased waste and resource consumption
- and accelerated environmental degradation

For example, towns such as Shimla, Manali, and Mussoorie experience seasonal population surges of five to ten times their resident population. During peak periods, waste generation can exceed local handling capacity by two to three times (State tourism data and urban carrying capacity studies in Himachal Pradesh and Uttarakhand, 2018–2023).

The overall issue is therefore not tourism itself, but the spatial concentration and intensity with which it occurs.

A more distributed model of development offers an alternative. By decentralising tourism and creating multiple smaller destinations, it becomes possible to:

- spread ecological load
- diversify economic opportunities
- and reduce pressure on high-impact zones

Such an approach must be grounded in a deeper understanding of the landscape.

The Himalayas are not only ecologically diverse but also culturally layered. Each valley, river system, and settlement carries distinct identities—shaped by local practices, food systems, traditions, and histories. Mapping and integrating these cultural landscapes into planning frameworks can enable more context-sensitive development. However, achieving this requires more than conceptual clarity.

One of the persistent challenges in Himalayan governance is a strong need for structured procedural frameworks. While institutions, policies, and technical knowledge exist, decision-making in the Himalayan region demands higher levels of consistency, transparency, and scientific grounding. Processes are required to be systematic rather than reactive, and avoid fragmented outcomes.

The issue, therefore, is not the lack of institutional presence, but the requirement of stringent procedural discipline.

Strengthening landscape governance in the Himalayas will depend on the ability to translate existing knowledge into coherent decision-making systems—where ecological considerations, land-use planning, and development priorities are aligned within a structured framework.

## **5.2 Biodiversity, Hydrology, and System Degradation**

Across the Himalayan region, there is growing evidence that ecological systems are undergoing significant stress. These changes are not always dramatic in isolation, but collectively they point toward a gradual destabilisation of the landscape.

One of the most visible indicators is the alteration of hydrological patterns.

In several regions, streams and smaller water channels that once flowed consistently through the year are now drying up earlier than expected. Studies in Uttarakhand show over 50% of traditional springs have either dried up or become seasonal (Studies by ACWADAM, NITI Aayog, and state-level spring rejuvenation programs, 2018–2021). Seasonal cycles have shifted, with water availability becoming increasingly unpredictable. These changes are closely linked to broader climatic variations, but they are also influenced by land-use changes and infrastructural interventions.

At the same time, the nature of rainfall itself is changing.

Rather than steady, distributed precipitation, there is an increasing tendency toward intense rainfall over shorter durations. This leads to rapid runoff, higher sediment transport, and increased siltation in river systems.

Himalayan rivers carry among the highest sediment loads globally, contributing heightened risk of flooding, dam inefficiencies particularly in downstream regions (IIT-led river sediment studies and ICIMOD basin assessments, 2015–2021).

Siltation plays a critical role in shaping flood dynamics. As sediment accumulates in riverbeds, it reduces channel capacity and alters flow behaviour. Even moderate increases in water volume can then result in overflow and inundation.

These hydrological shifts are closely linked to broader ecological impacts.

Biodiversity loss is becoming increasingly evident, with changes observed in both flora and fauna. Certain species are declining, while others are shifting their ranges in response to changing environmental conditions. In addition, valuable ecological resources—such as medicinal plants—are becoming less accessible or disappearing altogether.

These trends are not isolated; they are interconnected.

One of the underlying issues is the absence of cumulative impact assessment at the landscape or basin scale. Development projects—whether roads, hydropower installations, or urban expansion—are often evaluated individually. Their combined impact on hydrology, sediment dynamics, and ecological systems is rarely assessed in a comprehensive manner.

This fragmented approach to planning leads to unintended consequences.

Interventions in one region can have downstream or cross-regional effects, particularly in interconnected river basins. Yet, coordination between states and agencies remains limited, and planning frameworks do not adequately account for these interdependencies.

The Northeast provides a particularly instructive case.

Here, the interplay between high rainfall, fragile terrain, and extensive development activity has made ecological shifts more visible. Flooding, siltation, and landscape degradation are recurring challenges, highlighting the need for more integrated approaches to planning and management. Addressing these issues requires a shift in perspective.

Rather than viewing ecological change as an external constraint on development, it must be understood as an integral component of the system. Planning must operate at the scale of landscapes and river basins, where the interconnections between water, soil, vegetation, and human activity can be fully accounted for.

Without such an approach, interventions will continue to address symptoms rather than underlying causes, and ecological stress will persist as a defining feature of Himalayan development.

## **6. Society, Culture, and Lived Systems**

The Himalayas cannot be understood solely as a physical or ecological system. They are equally a social and cultural landscape, shaped over centuries by communities that have developed context-specific ways of living with terrain, climate, and risk.

Any discussion of development in the region that does not account for these lived systems remains fundamentally incomplete.

One of the central challenges in Himalayan development has been the dominance of top-down approaches. Planning frameworks, infrastructure projects, and economic strategies are often conceived externally and implemented with limited engagement with local communities. This results in interventions that may be technically sound in isolation but are poorly aligned with local realities.

The issue is not development itself, but the scale and nature of intervention.

In recent decades, there has been a growing tendency toward what may be described as “gigantism”—large-scale, high-impact infrastructure projects imposed on fragile landscapes. Whether in the form of extensive hydropower systems, large road corridors, or dense construction in ecologically sensitive zones, such interventions often exceed the carrying capacity of the terrain.

The consequences are both environmental and social.

In several regions, particularly in parts of the Eastern Himalayas, large infrastructure projects have led to the displacement of communities, disruption of traditional livelihoods, and the loss of culturally significant landscapes. Entire settlements have undergone transformation or, in some cases, have ceased to exist in their earlier form.

These changes are not merely physical—they represent a loss of accumulated knowledge systems.

Himalayan communities have historically developed construction techniques, settlement patterns, and resource management practices that are closely aligned with local conditions. From timber and stone-based structures designed to respond to seismic activity, to settlement locations chosen based on water availability and slope stability, these systems embody a deep understanding of the landscape.

However, much of this knowledge is increasingly being displaced by standardised construction practices and externally driven development models.

The challenge, therefore, is not to choose between traditional and modern systems, but to integrate them.

In low-density rural contexts, indigenous practices continue to offer viable and resilient solutions. In more urbanised or densely populated areas, modern infrastructure systems are necessary. The question is how to develop hybrid approaches that retain the strengths of both.

Equally important is the process through which decisions are made.

Participatory planning offers a pathway to bridging this gap. While complete consensus may not always be possible, structured engagement with local communities can help align development interventions with lived realities. Such engagement also enables the incorporation of local knowledge into planning frameworks, improving both relevance and resilience.

At the same time, it is necessary to acknowledge that local systems are not without their own challenges.

As economic aspirations rise and land values increase, local actors also participate in processes of over-construction and ecological stress. Informal expansion, addition of floors to existing structures, and unregulated land use are increasingly visible across Himalayan towns. This suggests that community participation must be accompanied by appropriate regulatory frameworks.

The issue, therefore, is not one of choosing between centralised control and local autonomy, but of creating systems where both are aligned.

Development in the Himalayas must move beyond externally imposed models and instead engage with the region as a lived landscape—one where ecological systems, cultural practices, and economic aspirations are deeply interconnected.

Without this shift, interventions will continue to overlook the very systems that have historically enabled human habitation in these fragile environments.

## **7. Systems Failure: Governance, Institutions, & Capacity**

7.1 Engineering Systems and Institutional Gaps | Dr. SL Swamy

7.2 Resilience, Regulation, and Capacity Constraints | Amit Prothi

The challenges observed across the Himalayan region—whether ecological, infrastructural, or social—cannot be attributed solely to technical limitations. In many cases, they are the result of systemic gaps in how institutions operate, interact, and implement knowledge.

One of the most significant issues is the breakdown of coordination across agencies. Multiple institutions are involved in planning and executing development in the Himalayas—ranging from infrastructure agencies and environmental bodies to local governance systems. Each operates within its own mandate, often with limited interaction with others. As a result, decisions are taken in isolation, without a comprehensive understanding of cumulative impacts.

This fragmentation is further compounded by gaps in data sharing. A considerable amount of data is being generated across sectors:

- geological surveys
- soil investigations
- hydrological assessments
- infrastructure performance data

However, this information is rarely consolidated into a shared system. Data remains siloed within institutions, limiting its utility for future planning and decision-making. The absence of an integrated data ecosystem prevents the development of a cumulative knowledge base, leading to repeated inefficiencies. The contrast between fragmented planning and the need for integrated systems is particularly stark in the Himalayan context.

Infrastructure, settlements, water systems, and ecological processes are deeply interconnected. Yet, planning continues to occur along disciplinary and administrative boundaries. Roads are designed independently of drainage systems, settlements expand without reference to hazard data, and environmental assessments are conducted as procedural requirements rather than as integral inputs.

This disconnect undermines the effectiveness of even well-intentioned interventions. To address this, there is a need to strengthen institutional mechanisms that enable coordination and knowledge integration.

Early warning systems represent one such critical area. With increasing frequency of extreme events—landslides, floods, and cloudbursts—the ability to monitor, predict, and respond in real time becomes essential. However, these systems must be supported by robust data flows and institutional linkages to be effective. NDMA has initiated early warning systems, but coverage remains fragmented and uneven across states (National Disaster Management Authority guidelines and early warning system reports, 2016–2022).

Equally important is the creation of institutional knowledge networks. Such networks would enable:

- sharing of data across agencies
- continuous updating of technical standards
- and dissemination of best practices

In the absence of these systems, knowledge remains fragmented, and learning from past experiences is limited. Capacity building is another key dimension.

There is a need to strengthen both:

- professional capacity within technical and planning institutions
- and local capacity within communities and on-ground agencies

This includes training, education, and the development of specialised expertise suited to mountain environments. Ultimately, the issue is not the absence of institutions, but the absence of integration between them. Without coordinated systems, even the most advanced technical knowledge cannot translate into effective outcomes.

## **7.2 Resilience, Regulation, and Capacity Constraints**

While institutional fragmentation presents one set of challenges, an equally critical issue lies in the gap between regulatory intent and implementation.

In theory, development in the Himalayas is governed by a range of policies, codes, and standards designed to ensure safety, sustainability, and resilience. In practice, however, the effectiveness of these frameworks is constrained by the realities of enforcement. The capacity to regulate development in complex and rapidly evolving environments remains limited.

This creates a persistent gap between what is prescribed and what is executed. Building codes, environmental guidelines, and planning norms often exist on paper, but their application on the ground is inconsistent. In some cases, regulations are bypassed; in others, they are applied selectively or without adequate technical understanding.

This gap is not merely a matter of compliance—it reflects deeper structural constraints.

A critical dimension of this gap lies in the increasing exposure of infrastructure to climate-related hazards. In mountainous regions, infrastructure systems—ranging from transport networks and energy systems to health and educational facilities—are subject to a complex and evolving risk landscape. Variability in rainfall, increased frequency of extreme events, and shifting hydrological patterns are placing additional stress on systems that were not designed for such conditions.

One of the most pressing challenges is the shortage of trained professionals with expertise specific to Himalayan conditions. Engineering, planning, and construction in mountain systems require specialised knowledge. However, there is a growing disconnect between available human resources and the complexity of the tasks at hand.

As a result:

- designs may not fully account for local conditions
- implementation may deviate from intended specifications
- and oversight mechanisms remain weak

This capacity deficit extends across multiple levels—from technical professionals to local administrative systems.

In such a context, reliance on highly complex or rigid regulatory frameworks can become counterproductive. When regulations do not align with on-ground realities or exceed the capacity for enforcement, they are often circumvented, leading to informal or unregulated development. The challenge, therefore, is to move toward regulatory systems that are both effective and implementable.

This underscores the need to revisit existing codes and standards. Many current frameworks are based on historical data and single-hazard assumptions, which are no longer sufficient in a context characterised by multi-hazard interactions. Updating these standards to reflect evolving climatic conditions is essential to ensure that infrastructure remains functional and safe over time.

One approach is the development of standardised typologies for different contexts within the Himalayas. Rather than addressing each project in isolation, it becomes possible to define:

- appropriate models for infrastructure
- settlement patterns suited to specific terrains
- and development frameworks aligned with ecological conditions

These typologies can serve as reference systems, simplifying decision-making while maintaining contextual relevance. At the same time, resilience must be integrated into the core of development practices. This includes:

- incorporating risk assessments into early stages of planning
- aligning infrastructure design with climatic and geological realities
- and ensuring that systems are capable of adapting to changing conditions

However, resilience cannot be addressed through technical measures alone. There is a growing recognition of the value of ecosystem-based approaches and locally embedded knowledge systems in informing infrastructure design. Indigenous construction practices and settlement strategies have historically evolved in response to terrain, climate variability, and resource constraints. Integrating these insights into contemporary planning can support more context-responsive and adaptive solutions.

However, resilience cannot be achieved through technical measures alone. It requires alignment across stakeholders—communities, engineers, planners, and policymakers. At present, this alignment remains limited, with differing priorities and perspectives often leading to fragmented outcomes.

The challenge is therefore twofold:

to strengthen capacity, and to create frameworks that enable coordinated action. Without addressing these underlying constraints, regulatory systems will continue to fall short, and resilience will remain an aspiration rather than an outcome.

## **8. Synthesis: The Structural Problem**

The discussions presented across the preceding sections converge on a central insight: the challenges facing the Himalayas are not isolated failures of environment, engineering, or governance. They are systemic in nature.

What is often perceived as a series of independent issues—landslides, infrastructure failures, water stress, ecological degradation—are, in fact, interconnected outcomes of a deeper structural misalignment. It is embedded in the way development itself is conceived and executed.

Across disciplines, a consistent pattern emerges. There is no shortage of knowledge. Scientific data on hydrology, geology, and climate systems is available. Engineering expertise exists. Local communities possess deep, experience-based understanding of the terrain. Institutional frameworks, policies, and guidelines are also in place.

Yet, outcomes on the ground remain inconsistent and, in many cases, increasingly unstable. The gap lies in the inability to translate knowledge into coordinated action. One of the most recurring observations is that data exists but remains underutilised. Information generated by multiple agencies is rarely integrated into decision-making processes. Instead of guiding planning, it often follows it—used to validate decisions that have already been taken. This disconnect is reinforced by fragmented governance structures.

Development in the Himalayas is managed across multiple administrative levels and agencies, each operating within its own mandate. Natural systems, however, do not conform to these boundaries. River basins, mountain slopes, and ecological zones function as continuous systems, while governance remains divided. The result is a persistent mismatch between the scale of planning and the scale of impact.

At the same time, many of the models guiding development are externally derived. Approaches that have evolved in fundamentally different geographical and socio-economic contexts are often applied without sufficient adaptation. Whether in infrastructure design, urban expansion, or tourism development, there is a tendency to replicate rather than reinterpret. This leads to interventions that are technically feasible but contextually misaligned.

Scale further compounds the problem. The intensity and distribution of development interventions often exceed the carrying capacity of the terrain. Large, concentrated projects—whether in infrastructure or tourism—create disproportionate stress on local systems. At the same time, incremental and uncoordinated expansion introduces cumulative impacts that are rarely accounted for in planning frameworks. These dynamics point toward a central tension.

Development in the Himalayas is not optional. Economic growth, connectivity, and improved living conditions are legitimate and necessary aspirations. At the same time, the ecological limits of the region are real and increasingly evident.

The challenge, therefore, is not to resolve a binary conflict between development and environment, but to operate within the constraints of the system. This requires a shift from viewing development as a series of discrete projects to understanding it as a continuous interaction with a complex and sensitive landscape.

The structural problem, ultimately, lies in the absence of alignment—between knowledge and action, between institutions and systems, and between aspiration and capacity. Until this alignment is addressed, interventions will continue to respond to immediate needs while reinforcing long-term instability.

## **9. Toward a New Himalayan Framework**

9.1 Ecological Scale Planning

9.2 Infrastructure Reorientation

9.3 Institutional Reform

9.4 Cultural and Social Integration

## 9.1 Ecological Scale Planning

Planning in the Himalayas must align with the scale at which natural systems operate.

River basins, watersheds, and mountain systems function as continuous ecological units. However, current planning frameworks remain confined to administrative boundaries, resulting in decisions that fail to account for upstream-downstream linkages and cumulative impacts. A shift toward basin-based governance is essential.

Such an approach would enable:

- integration of hydrological data into planning
- coordination across regions and states
- and alignment of development with ecological processes

Alongside this, landscape zoning must become a foundational tool. In this context, multi-hazard susceptibility zoning offers a critical framework for structuring such differentiation. By integrating geological, hydrological, climatic, and land-use data, it becomes possible to classify terrain based on composite risk rather than isolated parameters. This allows planning to move beyond generalised restrictions toward more precise, evidence-based decisions aligned with the carrying capacity of the landscape.

Rather than treating land as uniformly developable, zoning frameworks should classify regions based on:

- Stability
- risk
- and carrying capacity

This would allow for differentiated development strategies—where certain areas are prioritised for growth, while others are regulated or restricted based on ecological sensitivity. Such differentiation also implies that certain areas may not be suitable for further development. In high-risk zones—characterised by unstable terrain, critical water systems, or extreme ecological sensitivity—the most appropriate planning response may not be mitigation, but avoidance. Recognising limits is not a constraint on development; it is a condition for its long-term viability.

## 9.2 Infrastructure Reorientation

Infrastructure development in the Himalayas requires a shift in both approach and typology. The current model is heavily road-dominated, with expansion often occurring through repeated widening and extension. This has led to cumulative ecological stress and increased vulnerability of slopes. A reorientation toward alternative systems is necessary.

This includes greater exploration of:

- rail-based connectivity where feasible
- distributed infrastructure models that reduce concentrated impact
- and alignment strategies that minimise disturbance to terrain

At the same time, settlement patterns must be reconsidered. Existing development is often linear, dispersed, and dependent on road access. This increases infrastructure demand and ecological footprint. In contrast, more compact settlement models—drawing from traditional patterns—can offer:

- greater efficiency
- reduced land consumption
- and improved service delivery

Such models require supportive planning frameworks, including revised building regulations and land-use controls.

### **9.3 Institutional Reform**

The effectiveness of any framework depends on the institutions that implement it. As identified earlier, fragmentation across agencies and levels of governance remains a central challenge. Addressing this does not necessarily require the creation of entirely new institutions, but rather the strengthening of coordination mechanisms.

Regional frameworks—structured around ecological zones rather than administrative boundaries—offer one pathway. These could enable:

- shared data systems
- coordinated planning across sectors
- and prioritisation of projects based on cumulative impact

Equally important is the establishment of procedural decision-making frameworks. Development decisions must move from ad hoc processes to structured systems that are:

- evidence-based
- transparent
- and consistently applied

This includes integrating scientific data into approvals, ensuring accountability in execution, and aligning policies with on-ground realities.

### **9.4 Cultural and Social Integration**

Development in the Himalayas must engage with the region as a lived landscape.

Economic growth, particularly through tourism, is an important driver. However, its current form—concentrated and high-intensity—has led to disproportionate pressure on specific locations.

A decentralised model offers a more sustainable alternative.

By distributing tourism across multiple destinations, it becomes possible to:

- reduce ecological stress
- create broader economic opportunities
- and preserve the character of individual regions

Such an approach must be supported by an understanding of cultural landscapes. Each region within the Himalayas possesses distinct identities shaped by local practices, traditions, and histories. Integrating these into planning frameworks can enable development that is both context-sensitive and culturally rooted.

Vernacular systems, in particular, offer valuable insights. Traditional construction techniques and settlement patterns have evolved in response to climate, terrain, and risk. While they may not be directly transferable to all contexts, their underlying principles can inform contemporary design and planning. The objective is not to replicate the past, but to build upon it.

## **10. Closing Reflection** | Dikshu C. Kukreja

The Himalayas present a challenge that extends beyond geography. They compel us to reconsider how development is imagined, designed, and implemented in complex and sensitive environments.

What emerges from this discussion is not a lack of knowledge, but a lack of coherence. Across disciplines, there is clarity on individual aspects—whether in hydrology, engineering, ecology, or community systems. Yet, these insights rarely converge into a unified framework. The result is a fragmented approach, where decisions are taken in parts, but their consequences are experienced as a whole. This is where the role of design must be re-examined.

Design, in its broader sense, is not limited to the creation of built form. It is a process of synthesis—bringing together data, systems, and human experience into coherent solutions. In this expanded role, design is not a profession, but a way of structuring thought. It determines how complexity is understood, how trade-offs are negotiated, and how long-term consequences are accounted for in present decisions. Without such structuring, even the most advanced knowledge remains fragmented in its application.

This requires moving beyond the idea of “smart” solutions as technology-driven interventions. The need is for contextual intelligence—an approach that is grounded in place, responsive to ecological limits, and informed by both scientific knowledge and lived experience. Such intelligence cannot be standardised; it must emerge from a deep engagement with the specificities of the region.

The Himalayas, in this sense, are not an exception. They are a test. They test the ability of our systems to operate across scales. They test the capacity of institutions to collaborate. They test whether development can move beyond replication toward adaptation.

The outcomes of this engagement will have implications far beyond the region itself. As pressures of urbanisation, climate change, and resource constraints intensify across the country, the lessons drawn from the Himalayas may well define the future trajectory of development in India.

The question, therefore, is not whether we can continue to build in the Himalayas, but whether we are prepared to recognise the limits within which building must occur. The region does not fail unpredictably; it responds precisely to the conditions imposed upon it. When development disregards ecological structure, instability follows—not as an exception, but as an outcome.

The Himalayas, in this sense, are not an anomaly. They are an early indicator of a broader condition—where human systems encounter environmental limits that cannot be negotiated through scale, speed, or technology alone. The challenge they present is therefore not only regional, but civilisational.

To engage with this challenge requires more than improved frameworks. It requires a shift in how decisions are valued—away from short-term gain and toward long-term system stability. It requires recognising that not all growth is viable, not all risk is manageable, and not all interventions can be justified by intent alone.

The future of development in the Himalayas will not be determined by how much is built, but by how well it is aligned with the systems that sustain it.

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The Himalayas are changing.

In many places, those changes are no longer gradual. They are visible in the form of landslides, shifting water systems, and infrastructure that struggles to hold under new conditions. These are often treated as isolated events, but they point to something more fundamental.

Across the region, development continues to move forward — roads expand, settlements grow, tourism intensifies. Much of this is necessary. But it is also happening in a landscape that does not respond well to decisions made in isolation.

This White Paper brings together perspectives from across disciplines to look at this condition more closely. What emerges is not a lack of knowledge, but a lack of alignment — between systems that are deeply interconnected, and processes that remain fragmented.

The Himalayas do not behave like a collection of separate problems. They function as a system. And when interventions fail to account for that, the consequences are not always immediate, but they are rarely contained. Many of these changes are not simply difficult to reverse; they are, in effect, terminal.

This document does not attempt to offer a single solution. Instead, it tries to reframe the question — from how development can continue, to how it can be better understood in relation to the systems it depends on.

Because the issue is not whether change will happen.

It already is.



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