

YOU ARE INVITED TO A WEBINAR ON  
**MENTAL HEALTH & WELL-BEING**  
**“BRIEFLESS ≠ HOPELESS”**

ON FRIDAY, 24TH JULY FROM 5:00 - 6:30 PM

**SPEAKERS**

CONCEIVED &  
MODERATED BY

EVENT  
CO ORDINATOR



**HON'BLE MR. JUSTICE  
MANMOHAN**  
DELHI HIGH COURT



**DR. ARVINDER J. SINGH**  
PSYCHOLOGIST  
& PSYCHOTHERAPIST



**GAURAV KUMAR**  
ADVOCATE



**SURYA RAJAPPAN**  
ADVOCATE



**SATVIK VARMA**  
ADVOCATE



**TANVEER S. OBEROI**  
ADVOCATE

IN COLLABORATION WITH  
ASHOKA CENTRE FOR WELL-BEING  
ASHOKA UNIVERSITY

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